The Committee for the Defense of Detained Athletes stated that "the number of documented athletes who have been detained and/or sentenced since 14 February 2011 has reached 75."

The updated list released by the Committee mentioned one athlete, Hamad al-Fahad, had been sentenced to life imprisonment. The Committee pointed out that "the actual number of detained athletes is higher; however, this is the number we could get based on the information available." It demanded "an end to the campaign which targets athletes, as exemplified by the recent arrests of Hakim al-Arbi, a player for both Bahrain’s national and Olympic football teams, who helped Bahrain win the 2013 Gulf championship for Olympic teams; Ebrahim Ahmed Habib, a Busaiteen club player; and Mohammed Zuhair, an al-Halah club player. The Committee also demanded the release of Ali Hasan, a player on Bahrain’s Junior Volleyball Team.

The committee was surprised by "the harsh sentences handed down to a large group of athletes from Eker Sports Center" and demanded that authorities provide guarantees to not subject al-Etfaq club players—such as Olympic team member Ahmed al-Asfoor and his brother and youth national team member Jaffer al-Asfoor—to ill-treatment.

It stated that "their arrest is politically motivated and part of a larger effort to pressure the opposition."
The Committee concluded by demanding that the government “open its doors and permit human rights organizations to communicate with the detained and document their testimony.”

It emphasized that "the Olympic Committee should take a stance, because there are players, such as Younis Abdulkareem, who play on Olympic national teams.

It added that "this comes in addition to wanted athletes like Ahmed Abbas. We also demand that Ahmed Merza be provided with the medicine and adequate medical treatment he is currently prevented from receiving."

It explained that "there are many talented detained players who are considered national treasures. If they were in any other country, they'd receive many privileges, such as Hasan al-Sari and Ahmed Hasan Abdulwahab who are among the best players in Bahrain and have been detained for over 3 years."

It also pointed out that "in the beginning of the repressive campaign and during the periods of national safety, sports unions and clubs participated in the targeting of athletes." The Committee closed with a demand that the government "stop targeting athletes who are forced to confess under duress. Security bodies should stop targeting athletes because it harms the country's reputation and Bahrain's sports."