GRP Health Network
E-health applications for physical activity, sleep, and circadian rhythms     Friday February 15th, 2019

12:50 – 15:30: Minisymposium: Implications of circadian and sleep disruption for human health
(New Mathematical Sciences Building, Room MBO-07)
Chair: Barbel Finkenstadt-Rand (Statistics, Warwick) and Francis Lévi (Medical School, Warwick and INSERM, Villejuif, France)

Sakari Lemola (Psychology, Warwick): Welcome and network presentation (5 min)

Pascal Guenel (Center for Epidemiology and Public Health, INSERM, Villejuif, France):
Shift work, circadian disruption and cancer risk: a review of epidemiological studies on breast cancer.

Nicole Tang (Psychology, Warwick):
Possible roles of circadian rhythms in the pain-sleep relationship.

Pause 20 min (coffee/tea)

M Miller (Medical School, Warwick):
Effects of sleep on cardiovascular outcomes and wellbeing.

David Rand (Mathematics, Warwick):

Sakari Lemola: Conclusions

15:45 – 16:45: Network members meeting (S Lemola)