CRC Activities

Wondering what we do at CRC? Here’s a roundup of our current activities!

* Save the date! We are planning now for March 21, 2019, our next Spotlight series event. It will be a panel discussion on the important topic of substance abuse and mental health. Stay tuned for details.

* We have four ongoing support or mentor groups meeting regularly (listed here with facilitator): Men’s group (Brian Scott), Mom’s Compassionate Chat (Joanne Grady-Savard), Positive Life Circle (Mary French), Cole to Teen (Carol Brown).

* Our Gift Cart and Book Cart are open during selected lunch hours and on Wednesday evenings before DBSA meetings here next to the McLean cafeteria in the de Marneffe building (near the CRC office). DBSA is the Depression and Bipolar Support Alliance of Boston.

* We continue to assist around 200 individuals every month. They are peers and family members who ask us for information and referrals about mental health issues. Brian Scott, the Peer Family Navigator, also visits in-patients at McLean. We have 11 clients in process now in the Barkin/Whitman Workforce Development Program.

* Joanne Grady-Savard, Executive Director, spoke to the McLean Hospital Leadership Forum (a group of around 160 senior staff) at their meeting on December 21, 2018, providing an update about the Cole Resource Center.

* Thanks to the many people who responded so generously to our annual appeal in December! Individual donations are a vital component of our ongoing health as an organization. Any time of year, you may donate on our website at https://www.coleresourcecenter.org/donate/

* Other future plans -- and gleams in our eye! -- include more College Campus events, a Job Fair at McLean in May 2019, and ideas about CRC helping with Peer Support Specialist resources in our community. Exciting stuff!