**SUNDAY**
10:00 - 11:00  ZONE ED  Ages 5 & 6
11:00 - 12:30 ZONE ED  Ages 7 - 9
CALL US FOR MORE INFO ABOUT YOUTH MOVEMENTS

**MONDAY**
3:30 - 5:00  FLEX DANCE (DS)
            Years 1 - 6
            Call Brodetsky For Info

3:45 - 4:30 LITTLE KICKERS (SH)

4:40 - 5:25 Reception

5:35 - 6:20 Year 1

4:30 - 5:30 FUNKIT WITH OLI
            Weather Dependent
            Years 2 - 5

4:45 - 5:45 TV ACTING (RR)
            Years 4, 5 & 6

6:30 - 8:00 JLGB (SH)
            Years 3 - 6

**TUESDAY**
4:00 - 5:00  FITNESS WITH SHANE (DS)
            Reception - Year 6

5:15 - 6:15 MINI TENNIS (SH)
            Reception - Year 3

5:00 - 6:00 KARATE (DS)
            Year 1 - Adult

**WEDNESDAY**
3:45 - 4:15 CREATIVE DANCE / MUSICAL THEATRE (DS)
            Ages 4 - 6

4:15 - 4:45 CLASSICAL BALLET & TAP (DS)
            Ages 5 - 7

4:45 - 5:30 CLASSICAL BALLET  Grade 1 (DS)
            Ages 8 - 10

5:30 - 6:15 CHEERLEADERS (DS)
            Ages 8 - 12

5:30 - 6:15 TAP (Grades 3 & 4) (SH)
            Age 11+

6:15 - 7:00 CLASSICAL BALLET
            Grades 3 & 4
            Age 11+

6:15 - 7:00 STREET DANCE
            Age 9+

7:00 - 7:45 CONTEMPORARY DANCE (DS)
            Age 12+

DRAMA WITH EMMA G (RR)
            Various Classes - Call Emma To Book

**THURSDAY**
4:00 - 4:30 ZUMBA FITNESS (DS)
            Reception - Year 2

4:30 - 5:15 Year 3+

5:45 - 6:45 MACCABI ZONE NETBALL
            Years 5, 6 & 7

6:45 - 7:45 Years 8 & 9

7:45 - 8:45 Year 10 - Adult

**TEENZONELY** 6:30pm - 9pm (Yr 7+)

**MONDAY**
- LIVE LOUNGE
  Live Music Jam Sessions

- MIXED SPORTS WITH OLI

- JLGB & THE ZONE
  Social Action Programme

**TUESDAY**
- FZY LEADERSHIP

**WEDNESDAY**
- HABO & THE ZONE
  Chill & Themed Nights

**THURSDAY**
- T.G.I.THURSDAY
  Live DJ, Chilled Vibes, Good Food

- FILM & FALAFEL
  2 movie zones

**EVERY DAY DROP IN TIMES**
YEARS 5 & 6 = AFTER SCHOOL - 6:30pm
YEAR 7+ = 6:30pm - 9pm

* Young people below year 5 must be supervised by an adult

Key: SH = Sports Hall  DS = Dance Studio  BH = Brodetsky Hall  RR = Resource Room
It is completely **FREE** for young people to drop in to The Zone, both during term-time and in the holidays. It is important to us that our young people feel they can come to us any time, without any barriers - financial or otherwise.

**JOIN OUR MAILING LIST**

For all the latest information on Zone activities, class dates, opportunities and events, sign up for our e-mailing list. Send your name and a preferred contact email address to: info@1zone.org.uk

**ACTIVITY DATES & PRICES**

<table>
<thead>
<tr>
<th>Activity</th>
<th>Dates</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ZONE ED</strong></td>
<td>First Session = 10th January / Last Session = 27th March</td>
<td>£50 (term)</td>
</tr>
<tr>
<td></td>
<td>No sessions on 14th &amp; 21st February</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Please email Rikki Kupperman: <a href="mailto:kupperman6@aol.com">kupperman6@aol.com</a></td>
<td></td>
</tr>
<tr>
<td><strong>FLEX DANCE</strong></td>
<td>Contact Stephanie for more information: <a href="mailto:flexdanceinc@gmail.com">flexdanceinc@gmail.com</a> or call Brodetsky 2930578</td>
<td></td>
</tr>
<tr>
<td><strong>LITTLE KICKERS</strong></td>
<td>First Session = 4th January / Last Session = 21st March</td>
<td>£55 (term)</td>
</tr>
<tr>
<td></td>
<td>No sessions on 15th February &amp; 28th March</td>
<td></td>
</tr>
<tr>
<td><strong>TV ACTING</strong></td>
<td>First Session = 4th January / Last Session = 21st March</td>
<td>£55 (term)</td>
</tr>
<tr>
<td></td>
<td>No sessions on 15th February &amp; 28th March</td>
<td></td>
</tr>
<tr>
<td><strong>JLGB</strong></td>
<td>First Session = 4th January / Last Session = 21st March</td>
<td></td>
</tr>
<tr>
<td></td>
<td>No sessions on 15th February &amp; 28th March</td>
<td></td>
</tr>
<tr>
<td></td>
<td>For payments please contact JLGB on 0208 989 8990</td>
<td></td>
</tr>
<tr>
<td><strong>MINI TENNIS</strong></td>
<td>First Session = 5th January / Last Session = 29th March</td>
<td>£60 (term)</td>
</tr>
<tr>
<td></td>
<td>No session on 16th February</td>
<td></td>
</tr>
<tr>
<td><strong>KARATE</strong></td>
<td>5th January / Last Session = 29th March</td>
<td>£5 per session</td>
</tr>
<tr>
<td><strong>ALL WEDNESDAY DANCE CLASSES</strong></td>
<td>First Session = 13th January / Last Session = 23rd March</td>
<td>£50 (term)</td>
</tr>
<tr>
<td></td>
<td>No sessions on 6th January &amp; 17th February</td>
<td></td>
</tr>
<tr>
<td><strong>DRAMA WITH EMMA G</strong></td>
<td>For more details contact Emma on: 07538 089 899 / <a href="mailto:info@justemmagordon.co.uk">info@justemmagordon.co.uk</a> / <a href="http://www.justemmagordon.co.uk">www.justemmagordon.co.uk</a></td>
<td></td>
</tr>
<tr>
<td><strong>ZUMBA</strong></td>
<td>First Session = 7th January / Last Session = 31st March</td>
<td>£3 per session</td>
</tr>
<tr>
<td></td>
<td>No sessions on 18th February &amp; 24th March</td>
<td></td>
</tr>
<tr>
<td><strong>MACCABI NETBALL</strong></td>
<td>First Session = 7th January / Last Session = 31st March</td>
<td>£3.50 per session</td>
</tr>
<tr>
<td></td>
<td>No sessions on 18th February &amp; 24th March</td>
<td></td>
</tr>
</tbody>
</table>

**Please note that your place is not guaranteed until payment is received in full.**

**We Accept Payments By Cash / Cheque / Card**

**For Bookings:** Telephone: 0113 217 2531   Email: joanne@1zone.org.uk   Website: www.1zone.org.uk

**PLEASE NOTE: Children Under School Year 5 Must Be Supervised By A Responsible Adult**

---

The Zone - The Henry Cohen Campus - Primley Park Road - LS17 7HR

facebook: /ourzone.leeds   twitter: @zoneleeds   youtube: /user/thezoneleeds1