Through the curriculum and the companion journal, each grade explores 6 modules:

- Self Awareness
- Self Management
- Responsible Decision Making
- Relationship Skills
- Social Awareness
- Future Self

Throughout these modules students will utilize:

- Mindfulness Exercises
- Literature Circles
- Independent Reading
- Journaling
- Connect Notes
- Posters

Social Emotional Learning Language Arts (SELLA)
Curriculum for Elementary Grades

Meets 100% of the Common Core writing standards & includes all CASEL SEL competencies.

For more information, contact Quality Services at qualityservices@mcesc.org, call 937.225.4598 or visit MCESC.org/MCESC-MARKETPLACE.
• All SEL competencies are interwoven into a standards-based ELA program with an all-encompassing project-based learning (PBL) foundation.

• Lessons align with the Common Core ELA Standards.

• Social Emotional Competencies align with CASEL.

• Meets 100% of the Common Core writing standards as well as many other ELA standards including non-fiction.

• Each module includes 20 days of instruction consisting of 50 minute lessons. The final module, Future Self, is completed in 10 days of instruction.

• This curriculum is fully integrated so teachers meet both ELA and SEL standards at once!

• Current research supports the long-term benefits of SEL programs. Data shows growth in academic performance, an increased attendance and graduation rate, and a decrease in suspensions and expulsions.

• It is essential to develop students who are stronger, happier, and more productive citizens. These modules seek to build resiliency and support individual growth in an achievable and impactful manner by supporting students in making connections in their learning to personal experiences.
Through the curriculum and the companion journal, each grade explores 6 modules:

- Self Awareness
- Self Management
- Responsible Decision Making
- Relationship Skills
- Social Awareness
- Future Self

Throughout these modules students will utilize:

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