Engage with the EPA in Patient Empowerment!

In June 2018, the EPA has officially endorsed the *Call to Action on patient empowerment and self-management of treatment of persons with mental ill-health*.

This Call is the result of furious discussions held earlier this year within the European Parliament Interest Group on Mental Health, Well-being and Brain Disorders, led the EPA’s new Board member GAMIAN-Europe (Global Alliance of Mental Illness Advocacy Networks-Europe).

Jointly with other organisations active at European level, the EPA contributed to this initiative that highlight the importance of patient empowerment and self-management of persons with mental ill-health. In particular, the EPA provided scientific input to the Call, also through the participation of the EPA President Silvana Galderisi in high-level meetings at the European Parliament.

The EPA believes that the mental health professionals play a crucial role to facilitate and stimulate the empowerment of the patients, with whom they should work in partnership and treat them with dignity and respect, working towards the highest level of shared decision making.

For more information on the Call, please click [here](#).

There is still time for your NPA to join us and support the Call to Action on patient empowerment. To know more on how to express your commitment, please contact Mari Fresu, Scientific and Policy Manager, EPA Brussels Office, at mari.fresu@europsy.net

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