Living Well with CLL

A Town Meeting For Patients, Their Families and Care Partners
Today’s program is made possible through sponsorship from the **Patient Empowerment Network**, which received educational grants from AbbVie and Genentech.

In partnership with:

**Banner MD Anderson Cancer Center and CLL Global Research Foundation**
Online Survey:

http://patient-power.CLLPHX.sgizmo.com/s3/
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>10:30 – 10:45 AM</td>
<td>Understanding CLL</td>
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<tr>
<td>10:40 – 11:15 AM</td>
<td>Update on the Latest Treatment and Research</td>
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<tr>
<td>11:15 – 11:30 AM</td>
<td>Monitoring and Treatment Planning</td>
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<tr>
<td>11:30 – 11:45</td>
<td>Meet the Patient Panel</td>
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<tr>
<td>11:45 AM – 12:15 PM</td>
<td>Breakout Session: Help Me, Help You</td>
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<td>12:15 – 12:45 PM</td>
<td>Lunch Provided</td>
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<tr>
<td>12:45 – 1:45 PM</td>
<td>Living Well with CLL</td>
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<tr>
<td>1:45 – 2:30 PM</td>
<td>Q&amp;A Session</td>
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Introductions
Understanding CLL

• What is CLL?
• What are the symptoms?
• How does it progress?
## Chemotherapy Agents

<table>
<thead>
<tr>
<th>Generic Name</th>
<th>Trade Name</th>
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<tbody>
<tr>
<td>Chlorambucil</td>
<td>Leukeran®</td>
</tr>
<tr>
<td>Cyclophosphamide</td>
<td>Endoxan®, Cytoxan®, Neosar®, Procytox®, Revimmune®</td>
</tr>
<tr>
<td>Vincristine</td>
<td>Oncovin ®</td>
</tr>
<tr>
<td>Prednisone</td>
<td>Deltasone ®, Liquid Pred ®</td>
</tr>
<tr>
<td>Doxorubicin</td>
<td>Adriamycin®</td>
</tr>
<tr>
<td>Fludarabine</td>
<td>Fludara®</td>
</tr>
<tr>
<td>Bendamustine</td>
<td>Treanda®</td>
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</tbody>
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Current Treatments

- Immunotherapy/ Monoclonal Antibodies
  - Alemtuzumab (Lemtrada®)
  - Lenalidomide (Revlimid®)
  - Rituximab (Rituxan®, MabThera® and Zytux®)
  - Ofatumumab (Arzerra®)
  - Obinutuzumab (GAZYVA®)
Current Treatments

- Inhibitors
  - Ibrutinib (Imbruvica®)
  - Idelalisib (Zydelig®)
Current Treatments

- Combination Therapies
- Stem Cell Transplantation
- Others?
Treatments In Development

• Immunotherapy/ Monoclonal Antibodies
  – Chimeric Antigen Receptors (CARs)
  – ISF35
  – Plerixafor
  – Lumiliximab
  – Others?
Treatments In Development

Inhibitor Therapies:

- BTK inhibitors
- SyK inhibitors
  - fostamatinib
- P13k inhibitors
  - duvelisib
- Lyn inhibitors
  - dasatinib
- bafetinib
  - Bcl-2 inhibitors
  - ABT-199
  - PD1 inhibitors
  - Others?
Monitoring and Treatment Planning

• What is Watch and Wait?
• What am I "watching" for? What is my doctor "watching" for?
• How do prognostic and genetic factors come into play when choosing treatment?
• What should be considered when choosing treatment?
Monitoring and Treatment Planning

- How is treatment response measured? What is considered success?
- What is my role in my care and treatment? Being active in managing my disease – tracking progress (active surveillance/monitoring)
- Does deciding on one treatment course limit my future options?
Meet the Patient Panel
Breakout Session: Help Me, Help You
Lunch

We will return at 12:45pm Pacific
Living Well with CLL: Communication

- Collaborating with your healthcare team
- Keeping family and friends in the loop
- Communicating at the workplace
Living Well with CLL: Emotional/Mental Health Aspects

- Coping emotionally with "watch and wait"?
- Advice for care partners
- Dealing with anxiety/depression
- Strategies to live the best you can
  - Diet and lifestyle choices that may make a difference
Living Well with CLL: Side Effects

• Overview of common disease symptoms and complications and their treatment
• Communicating with healthcare team about treatment side effects
• Are there secondary cancers or associated conditions that I should be aware of?
• Alternative/complementary medicine
Living Well with CLL: Resources

• Where to find
  – Financial help?
  – CLL Specialist?
  – Mental health professionals?

• Affordability of treatment and assistance programs and resources
Online Survey:

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Thank You

**Sponsors:**
- Patient Empowerment Network
- AbbVie
- Genentech

**Partners:**
- Banner MD Anderson Cancer Center
- CLL Global Research Foundation

www.powerfulpatients.org
For more expert interviews and patient stories throughout the year, and to view this program online, visit: PatientPower.info/CLL

To sign up for the to receive regular CLL news and updates, including videos from this event, visit: PatientPower.info/alerts

We want to hear from you, so please feel free to email us at CLL@patientpower.info or write to us at:

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