About Multiple Myeloma: A Shareable Guide for Patients, Family and Friends

- **Multiple myeloma** is a cancer formed by malignant plasma cells in the blood.
- Plasma cells are typically found in the bone marrow where blood cells are created and are an important part of the immune system. When plasma cells become cancerous and grow out of control, they can produce a tumor called a **plasmacytoma**. If someone has more than one plasmacytoma, they have multiple myeloma.
- There are subtypes of myeloma, and the course of the disease can vary greatly by patient.
- There are now several effective medicines, used alone or in combination, that treat myeloma, and people are living longer with a better quality of life than ever before. Treatment research is accelerating, and there is growing possibility that new medicines can activate the immune system to more successfully combat this disease.
- It is important to inquire about clinical trials to potentially access promising breakthrough therapies.

Myeloma Support

A diagnosis of multiple myeloma can be overwhelming for the entire family. Open discussion between family members, health professionals and patients can help ensure the best care. There are many resources available to find a wide range of information on the management and treatment of multiple myeloma. We encourage you to join our community and to check out our brief videos to find the most up-to-date information from leading experts about support, treatments, clinical trials, communication, financial issues and much more.

Join our Myeloma community to receive updates and information: [http://www.patientpower.info/user/register](http://www.patientpower.info/user/register)

Find out about clinical trials: [http://www.patientpower.info/multiple-myeloma/find-clinical-trials](http://www.patientpower.info/multiple-myeloma/find-clinical-trials)

“The information that I have accessed through Patient Power has been very informative and very inspiring. It's extremely helpful to me as well in regard to my efforts to keep my wife's spirits up and to be an informed advocate/support for her.” —Jeff, Patient Power Community Member

Don't forget to check out our website [www.patientpower.info](http://www.patientpower.info)