Adolescent Depression: How to Spot It, and What to Do...

Tuesday, April 21 • Forsythe Media Center • 7-8:00pm

Facts:

Peak onset of depression and bipolar symptoms is between 15 – 24 years of age.

Early recognition and management of depression can help prevent negative outcomes and tragedy among young people.

Join experts from the University of Michigan Depression Center to learn about:

- Prevalence of depression in adolescents
- Signs, symptoms, and stigma
- Importance of early interventions
- Peer-to-Peer Depression Awareness Initiative for Ann Arbor area high schools
- Support parents can provide from a Skyline student panel

Sponsored by: Forsythe PTSO, National Network of Depression Centers, University of Michigan Depression Center

For more information contact Pat Rinvelt – Forsythe parent, Executive Director, National Network of Depression Centers – pat@rinvelt.com