Adolescent Depression and Resiliency: What you need to know

Tuesday, April 19 • Forsythe Media Center • 7-8:00pm

Facts: Onset of depression and anxiety symptoms often occurs between 15 – 24 years of age.

Early recognition and management of mood disorders can help prevent negative outcomes and tragedy among young people.

Join experts from the University of Michigan Depression Center to learn about:
- Prevalence of depression and anxiety in adolescents
- Signs, symptoms, and stigma
- Importance of early interventions
- Peer-to-Peer Depression Awareness Initiative for Ann Arbor area high schools
- Input from a panel of Skyline High School students

Sponsored by: Forsythe PTSO, University of Michigan Depression Center, National Network of Depression Centers

For more information contact Pat Rinvelt – Forsythe parent, Executive Director, National Network of Depression Centers – pat@rinvelt.com