Group Crisis Intervention

Training Program Objectives

Upon completion of this workshop, participants will be able to:

- Define critical incident stress.
- List signs & symptoms of stress.
- Describe first responder personality profiles.
- Recognize characteristics & phases of critical incident stress.
- Discuss stress & coping strategies.
- Describe the anatomy of a debriefing.
- Discuss disaster psychology & victim response.

Continuing Education

Fourteen hours of continuing education may be counted by Licensed Mental Health Professionals, EMS Providers, and law enforcement.

Crisis Incident Stress Management (CISM)

What is a Critical Incident?

A critical incident is any situation faced by emergency personnel causing unusually strong emotional reactions, which have the potential to interfere with their ability to function during or after the event.

Examples of critical incidents addressed by the Nebraska CISM Program include:

- Suicide of a first responder
- Line of duty death or serious injury of a first responder
- Injury to or death of a child
- Mass-casualty incident
- Natural disaster causing death and/or serious injury

What is Critical Incident Stress Management?

CISM is a comprehensive service designed to assist emergency responders who have experienced unusual stress related to their work. CISM is interested in promoting a helpful response throughout the entire range of a crisis experience including: the pre-crisis, acute crisis and post-crisis phases. Within the CISM program are seven core functions of response.

Cost:

$150.00 for Peer (EMS, fire, law enforcement, dispatchers, corrections, nurses, and EMA)

$250.00 for Mental Health Professionals

ICISF Certified Instructors

Diane Braun, LIMHP, LADC, Omaha

Jon B. Kayne, Ph.D., Bellevue

Randy Ruhge, Law Enforcement, Murray

Jason Workman, LIMHP, LMHP, LADC, Omaha
Basic CISM Group Crisis Intervention Training—2020

February 28 & 29, 2020
Grand Island

March 27 & 28, 2020
North Platte

April 25 & 26, 2020
Scottsbluff

August 7 & 8, 2020
Norfolk

October 2 & 3, 2020
Bennington

Questions:
Nebraska Emergency Health Systems

Debbie Kuhn,
CISM Program Manager
Phone: 402-326-0173
debbie.kuhn@nebraska.gov

Deadline for registration and cancellations is 2 weeks prior to each class.