Hello,

I hope that you all have had a chance to relax and recharge your batteries this summer. You may need them to take advantage of the many exciting public health opportunities in the coming days and months. In September, our PHIP Advisory Committee meeting will showcase some of the leading public health strategies in the region to address the fact that the majority of Capital Region residents are overweight or obese! We will also share more about our quarterly health disparities topic of obesity and physical activity.

Did you know that the Capital Region obesity rate is 14% above the New York average, with school districts in every county in the highest risk quartile? The Black non-Hispanic obesity rate is 38% above the region, likely related to the 50% higher consumption of sugar-sweetened beverages and fast food consumption three times the White non-Hispanic rate. See our disparities report for State, Regional and County level summaries and reports.

Also, if we can be of assistance with data, evidence-based practices or anything else as you develop your public health strategies, don’t hesitate to be in touch. We would be happy to put wind in your sails.

Come join us!
Kevin Jobin-Davis
Executive Director, HCDI
THE LATEST IN NEW YORK STATE HEALTH INITIATIVES

Population Health Improvement Program (PHIP)

Healthy Capital Initiative is hosting the Population Health Improvement Program Advisory Committee (PHIPAC) meeting on Wednesday, September 20, 2017 from 9:00 a.m. - 11:00 a.m. The meeting is on obesity with a focus on physical activity. Speakers include stakeholders implementing best practice strategies to address obesity in schools and communities.

It’s never too late to join the PHIPAC. We are a broad-based forum where stakeholders can keep engaged and up-to-date on initiatives having an impact on population health, and provide recommendations on PHIP activities. Send an e-mail to PHIP@hcdiny.org to be included on the mailing list.

One of our initiatives is to increase understanding of consumer needs and priorities to inform the utilization of patient-centered strategies. We established the Consumer Health Network and recently conducted a survey on social determinants of health to understand how housing, food and transportation influence people’s health and the health of a community. A total of 60 individuals completed the survey for a 1 in 10 chance to win a prize and we provided six (6) winners an e-gift card from a chosen vendor. Click here to view the survey results. We are currently conducting a survey on obesity and physical activity. The results will be available in our next newsletter and upcoming Consumer Corner webpage. Contact Deborah Henderson (dhenderson@hcdiny.org) for more information on the Consumer Health Network (CHN).

Our Data Analytics Group is always working hard behind the scenes to deliver the most up-to-date and digestible health information to fit the needs of our stakeholders. In addition to the 2016 Community Health Needs Assessment, we produce quarterly Health Equity Reports, detailed sociodemographic reports by neighborhood, and more. Did you know we even offer free technical assistance so you can better prepare to serve your community where it is needed the most? As we move forward with 2017 and into 2018, we are asking that you please complete this Data and Analysis Partner Feedback Survey so we can continue to deliver information and add services that are most useful to our partners.
**Delivery System Reform Incentive Payment (DSRIP) Program**

**Value Based Payment**
Are you feeling overwhelmed when it comes to Value Based Payment? Not sure where to turn to find resources? Look no further, NYS Department of Health has placed a Value-Based Payment Resource Library on their DSRIP webpage. This page features webinars, roadmaps, definitions of workgroups, and more. Add this [link](#) to your favorites.

**Alliance for Better Health Updates**
Why did we change our name to Alliance for Better Health from Alliance for Better Health Care? Dr. Jacob Reider explains how the new name better fits the purpose of [Alliance](#).

**Incentive Programs**
Alliance for Better Health announces incentive programs to improve health in communities. The Incentive Program contains two parts: Transformation Fund and Innovation Fund. Click [here](#) to learn more about these opportunities.

**Empower Health Leverages Indigenous Leaders to Promote Health**
Alliance for Better Health and City Mission of Schenectady partner together to engage and connect at-risk individuals to health services in the community. Learn more about Empower Health [here](#).

**Better Health for Northeast New York**
Click [here](#) for BHNNY updates as of July 2017.

**Housing is Health Care**
Michelle Sandoz-Dennis, Director, Continuum of Care Unit from CARES, Inc. will present this three-part series that focuses on local housing resources to support care management teams in Albany, Rensselaer, Schenectady, Columbia/Greene, and Saratoga counties. The series is hosted by CDPHP. Click [here](#) to register.

**September PAC Meeting**
The Project Advisory Committee meeting will be held Thursday, September 7, 2017 from 1:00 p.m. to 3:00 p.m. at Albany Medical College, 47 New Scotland Ave., Albany, NY 12208, Room ME-700.
**Northeastern New York Health Innovation Summit (NENYHIS)**
Adirondack Health Institute, Alliance for Better Health, Bassett PPS, and Better Health for Northeast New York are co-sponsoring the Northeastern New York Health Innovation Summit (NENYHIS).
August 11, 2017, from 7:30 a.m. - 5:00 p.m.
Skidmore College, Palamountain Hall, 815 N. Broadway, Saratoga Springs, NY 12866
For more information about this event, or to apply to present your pitch or to register as a participant, please visit www.NENYHIS.com.

**Adirondack Health Institute (PPS) Updates**

**AHI Summit**
The 9th Annual AHI Summit, Population Health in the Rural Landscape, will occur on Thursday, September 21, 2017 from 8:00 a.m. to 4:00 p.m. at the Lake Placid Conference Center. The AHI Summit attracts 250 attendees including health care providers, administrators, businesses, and government and association representatives. Click here for more information.

**AHI Newsletters**
Want to learn more about AHI's initiatives? Click here for newsletters.

**State Health Innovation Plan (SHIP) and State Innovation Model (SIM)**

The Transparency, Evaluation and HIT (Health Information Technology) Workgroup is one of the three workgroups assisting in the implementation of the State Innovation Model Project. This workgroup has launched a variety of web tools to assist you in your work.

**Health Data NY**: Provides a range of health-related datasets, from hospital quality metrics to the results of lead levels in school drinking water for a range of stakeholders, particularly researchers, journalists, educators, and advanced citizen analysts. Since 2013, there have been 83 topics and 150 visualizations added, along with new visualization tools. Click here to visit their site.

**New York State Health Profiles**: Provides data and information on quality, utilization, surveillance, and services. Click here to visit their site.

**New York State Provider and Health Plan Look-Up**: The NYS Provider & Health Plan Look-Up, launched in May 2017, is an on-line tool that can be used by consumers to research provider networks and health plans. By using this tool, consumers can search for their preferred providers, including doctors and hospitals to see which health plans have those providers in their network. Click here to visit their site.
Obesity in the Capital Region

More than 6 out of 10 adults Capital Region residents are overweight or obese.

Overweight and obesity are the 2nd leading preventable cause of death in the United States.

Without strong action to reverse the obesity epidemic, for the first time in our history children are predicted to have a shorter lifespan than their parents.

23% of Capital Region adults did not participate in leisure time physical activity in the last 30 days, 21% drank at least one sugar-sweetened beverage daily, and 6% ate fast food at least 3 times a week.

Percentage of Population in Capital Region Who is Obese

No Physical Activity: 23%
Sugary Beverages: 21%
Fast Food: 6%

*Data contained in this infographic is from the 2014 Expanded Behavioral Risk Factor Surveillance Survey (eBRFSS).
CARE COORDINATION

The Care Coordination Task Force held a special focus group for local higher education faculty, and workforce development institutions on Friday, July 14, 2017. The purpose of the meeting was to connect educators to the emerging titles of community health worker and care coordinator. The group will serve as a subcommittee to the Care Coordination Task Force and will meet quarterly.

HCDI Care Coordination- Education Committee

Purpose: The HCDI Care Coordination Task Force has identified skills, competencies, and training needs for the care coordinator and community health worker titles. The Care Coordination Task Force would like to share the knowledge gained with local colleges, workforce, and professional development programs and strengthen their recruitment efforts.

Mission: To strengthen the education pipeline for both community health workers and care coordinators.

Goals/Objectives:

- Identify and promote education programs that align with the skills and competencies needed for the community health Worker and/or care coordinator.

- Identify and promote coursework that can be offered as workforce development opportunities for the current community health worker and/or care coordinator.

- Strengthen internship opportunities from local colleges and employers.

Next Meeting: Friday, October 27, 2017
For more information contact Keshana Owens-Cody at (518) 486-8406 or via email kowens-cody@hcdiny.org.
UPCOMING EVENTS AND RESOURCES

Thursday, August 10, 2017
Columbia Memorial Hospital Breastfeeding Coalition
8:30 a.m. - 9:30 a.m.
Columbia Memorial Hospital Administrative Building
71 Prospect Avenue, Hudson, NY 12534

Wednesday, August 16, 2017
Rensselaer County Heroin Coalition
10:00 a.m. - 12:00 p.m.
Rensselaer County Department of Social Services Administration Building
127 Bloomingrove Drive, Troy, NY 12180

Thursday, August 17, 2017
Albany County Strategic Alliance for Health
8:45 a.m. - 10:15 a.m.
Albany County Department of Health, 175 Green Street, Albany, NY 12202

Saturday, August 19, 2017-Sunday, August 20, 2017
Hope Rocks Festival
12:00 p.m. Saturday - 5:00 p.m. Sunday
Cantine Veterans Memorial Complex, Saugerties, NY 12477

Friday, August 25, 2017
HCDI Care Coordination Task Force
8:30 a.m. - 10:00 a.m.
Healthy Capital District Initiative, 175 Central Avenue, Albany, NY 12206

Tuesday, August 29, 2017
Pathways to Prevention: Treating Joint Pain and Arthritis
5:30 p.m. - 7:00 p.m.
Olana State Historic Site-Wagon House Education Center
5720 Route 9G, Hudson, NY 12534

Thursday, September 7, 2017
Mental Health & Substance Abuse Coalition Meeting
8:00 a.m. - 10:00 a.m.
Saratoga Hospital, 59D Myrtle Avenue, Saratoga Springs, NY 12866

Friday, September 8, 2017
Suicide Prevention Workgroup
2:00 p.m. - 4:00 p.m.
Columbia County, Human Services Building, 325 Columbia Street, Hudson, NY 12534
Monday, September 11, 2017
Rensselaer County Wellness Committee
10:00 a.m. - 11:00 a.m.
Rensselaer County Department of Health, 1600 7th Avenue, 2nd Floor, Troy, NY 12180

Thursday, September 12, 2017
Columbia Memorial Hospital Breastfeeding Coalition
8:30 a.m. - 9:30 a.m.
Columbia Memorial Hospital Administrative Building
71 Prospect Avenue, Hudson, NY 12534

Thursday, September 14, 2017
Columbia Memorial Hospital Breastfeeding Coalition
8:30 a.m. - 9:30 a.m.
Columbia Memorial Hospital Administrative Building
71 Prospect Avenue, Hudson, NY 12534

Friday, September 15, 2017
Regional Coalition Underage Drinking and Substance Abuse
9:30 a.m. - 11:00 a.m.
Capital Region BOCES, 900 Watervliet Shaker Road, Albany, NY 12205

Saturday, September 16, 2017
Columbia-Greene Out of the Darkness Walk
10:00 a.m. - 1:00 p.m.
Dutchman’s Landing, Lower Main Street Catskill, NY 12414

Saturday, September 16, 2017
Rensselaer County Drug Take Back Day
10:30 a.m. - 1:30 p.m.
Castleton Public Library, 85 South Main Street, Castleton-On-Hudson, NY 12033

Tuesday, September 19, 2017
Columbia-Greene Controlled Substance Awareness Taskforce
1:00 p.m. - 2:30 p.m.
Greene Medical Arts Building, Basement Conference Room 159
Jefferson Heights, Catskill, NY 12414

Tuesday, September 19, 2017 Albany-Rensselaer Diabetes Task Force
8:00 a.m. - 9:00 a.m.
Healthy Capital District Initiative, 175 Central Avenue, Albany, NY 12206
Wednesday, September 20, 2017
Columbia-Greene Controlled Substance Awareness Prevention Workgroup
1:00 p.m. - 2:00 p.m.
Twin County Recovery Services, 350 Power Avenue, Hudson, NY 12534

Wednesday, September 20, 2017
Population Health Improvement Program Advisory Committee
9:00 a.m. - 11:00 a.m.
St. Mary’s Hospital, Conference Rooms A&B
1300 Massachusetts Avenue, Troy, NY 12180

Thursday, September 21, 2017
Albany County Strategic Alliance for Health
8:45 a.m. - 10:15 a.m.
Albany County Department of Health, 175 Green Street, Albany, NY 12202

Friday, September 22, 2017
Greene County MAPP Committee
1:00 p.m. - 2:00 p.m.
Greene County Office Building, 411 Main Street, Catskill, NY 12414

Friday, September 22, 2017
HCDI Care Coordination Task Force
8:30 a.m. - 10:00 a.m.
Healthy Capital District Initiative, 175 Central Avenue, Albany, NY 12206

Sunday, September 24, 2017
Capital Region Walk for RITA
9:30 a.m. - 2:30 p.m.
Saratoga Spa State Park, Orenda Pavilion
19 Roosevelt Drive, Saratoga Springs, NY 12866

Saturday, September 30, 2017
Schenectady Out of the Darkness Community Walk
12:00 p.m. - 1:00 p.m.
500 Iroquois Way, Schenectady, NY 12304

Monday, October 2, 2017
Rensselaer County Wellness Committee
10:00 a.m. - 11:00 a.m.
Rensselaer County Health Department, 1600 7th Avenue, 2nd Floor, Troy, NY 12180

Wednesday, October 4, 2017
H.E.A.R.T.S Initiative
8:30 a.m. - 10:00 a.m.
Trinity Alliance
For More Information contact: Heather Larkin: hlarkin@albany.edu
Thursday, October 5, 2017
Mental Health & Substance Abuse Coalition Meeting
8:00 a.m. - 10:00 a.m.
Saratoga Hospital, 59D Myrtle Avenue, Saratoga Springs, NY 12866

Wednesday, October 11, 2017
Albany-Rensselaer Behavioral Health Task Force Meeting
8:30 a.m. - 10:00 a.m.
Healthy Capital District Initiative, 175 Central Avenue, Albany, NY 12206

Thursday, October 19, 2017
Albany County Strategic Alliance for Health
8:45 a.m. - 10:15 a.m.
Albany County Department of Health 175 Green Street, Albany, NY 12202

Thursday, October 19, 2017
Schenectady Coalition for a Healthy Community
2:00 p.m. - 4:00 p.m.
Ellis McClellan Street Health Center Auditorium

Professional Development Opportunities

**NYS Health Foundation**
The New York State Health Foundation will sponsor conference participation in support of [Healthy Community, Consumer Empowerment](#), and [Veterans' Health](#).
Click [here](#) for more information on the RFP.

**VetoViolence**
Since its debut in 2009, the VetoViolence website has been—and continues to be—an ever-expanding site that provides free, interactive, and engaging violence prevention tools and trainings. Each resource is based on the best available evidence and research to help you stop violence—before it happens in your community. Topics include: ACEs (Adverse Childhood Experiences), Violence Prevention Training, Community Health Simulation, and more. Click [here](#) to visit their site.

**Community Coalition for Family Wellness**
Learn the signs and symptoms of heroin and opioid overdose. Learn how to use NARCAN to respond to an overdose situation. Receive a FREE Naloxone (NARCAN) kit to carry and use. To register or for more information contact ccfw.weebly.com/ or the Prevention Council at (518) 581-1230 x3632 and [ccfw-pfs@preventioncouncil.org](mailto:ccfw-pfs@preventioncouncil.org)
The NYSDOH invites you to participate in a chronic disease training program which includes a combination of online learning and live webinars with chronic disease subject matter experts. Click here to register and participate.

**New York State Suicide Prevention Conference**
The NYS OMH Suicide Prevention Office and the Suicide Prevention Center of New York will host the 2nd conference September 18-19, 2017. The purpose of the conference is to promote collaboration across disciplines in the areas of research, surveillance, clinical and community interventions.
Monday, September 18-19, 2017
Hilton Garden Inn Hotel, 40 Lodge Street, Albany, NY 12207
Click here for more information

**NYS Recovery Conference**
The New York State Recovery Conference gathers the Recovery Community from throughout New York (and beyond!) to teach, to learn, to inspire, and to celebrate Recovery from addiction to alcohol and other drugs. This year's program has been built to reflect the theme, Recovery across a Lifetime.
Sunday October 1, 2017 - Monday October 2, 2017
Albany Capital Center, 55 Eagle Street, Albany, NY 12207
Click here to find registration information

**SAVE THE DATE**
Emerging Healthcare Professions:
Spotlight on Community Health Workers Conference
Monday, October 2, 2017, 8:30 am. - 5:00 p.m.
Schenectady Community College, 78 Washington Avenue, Schenectady, NY 12305
Click here for more information
Research Connection - Youth Suicide
The Capital Region NY Chapter of AFSP has invited researcher, Matthew Winterstein, Ph.D. to discuss his work in the field of youth suicide. He will talk about when people should be concerned and what to do if you're worried about someone. All are welcome to attend this free program. Pre-registration is requested, light refreshments will be provided.
Tuesday, October 3, 2017, 6:30 p.m. - 8:00 p.m.
Hudson Valley Community College, Campus Center Room 204, 80 Vandenburgh Avenue, Troy, NY 12180
Click here for more information

2-Day Bridges Out of Poverty
Thursday, October 19, 2017 - Friday, October 20, 2017, 8:30 a.m. - 4:00 p.m.
Albany County Public Library, 161 Washington Avenue, Albany, NY 12210

Motivational Interviewing
Friday, November 3, 2017, 9:00 a.m. - 12:00 p.m.
313 Clinton Street, Schenectady, NY 12305

One-Day Accelerated Bridges Out of Poverty
Thursday, November 9, 2017, 8:30 a.m. - 4:30 p.m.
Steinmetz Family Investment Center
120 Emmons Street, Schenectady, NY 12305

GRANTS

Comprehensive Services and Health Systems Approaches to Improve Asthma Control in New York State
The New York State Department of Health (NYSDOH) Bureau of Community Chronic Disease Prevention, Asthma Control Program seeks applications to establish and/or expand comprehensive asthma control services to improve health outcomes for people with asthma and reduce the burden of asthma in high-risk geographic areas of New York State (NYS).
Application Due Date: September 8, 2017.
Contact: Holly Teal, Bureau of Community Chronic Disease Prevention
Email: asthma@healthny.gov.
Click here for more information on this grant opportunity.

NYS Childhood Lead Poisoning Primary Prevention Program Technical Assistance and Training Provider Request for Proposal
Application Due Date: September 11, 2017
Contact: Elizabeth Wood, Bureau of Contracts
Email: elizabeth.wood@health.ny.gov
Click here for more information on this Request for Proposal
Coordinating Care and Supporting Transition for Children, Adolescents and Young Adults with Sickle Cell Disease

The New York State Department of Health (Department), Division of Family Health, Bureau of Child Health seeks to improve the health outcomes for adolescents and young adults (AYA) ages 12-21 with sickle cell disease (SCD) throughout their care and treatment, including as they transition from pediatric to adult health care providers and strive to achieve self-care.

Application Due Date: September 12, 2017
Contact: Eric Cleghorn
Email: scrfa@health.ny.gov
Click here for more information on this grant opportunity.

Nutrition Outreach and Education Program (NOEP)

Hunger Solutions New York is soliciting proposals for the Nutrition Outreach and Education Program (NOEP). Community-based nonprofit organizations will have the opportunity to apply for a contract to provide free, confidential Supplemental Nutrition Assistance Program (SNAP) information, education, prescreening and application services to low-income New Yorkers in a defined service area. The deadline for an optional letter of intent is due Friday, August 11, 2017 and a webinar/conference call is scheduled for Thursday, August 17, 2017. Click here for more information.

MEET OUR NEW TEAM MEMBER

Deborah Henderson, MPH

Deborah Henderson is a Public Health Planner serving Saratoga and Schenectady Counties. Deborah graduated from Russell Sage College in Troy with a Bachelor in Health Science and minor in Psychology. She now holds a Master of Public Health in Health Policy and Management from the University at Albany School of Public Health. While completing her Master degree, Deborah served as an intern for HCDI and assisted in the development of the chronic disease self-management guides.

Following her HCDI internship, Deborah worked with the New York State Department of Health in the Office of Public Health Practice where she assisted with the review and assessment of the Community Health Improvement and Community Service Plans submitted by local health departments and hospitals. She is originally from Kansas and spent two years in Nepal studying the culture, language and engaging in humanitarian work. In her spare time, Deborah loves to travel around the world and indulge in different cuisines.