Jumbo Steps Challenge FAQ’s

Thank you for your interest in the Tufts University Jumbo Steps challenge! The program begins on May 13 and ends on June 23. If you are new to physical activity or have been diagnosed with a chronic health condition, please contact your Primary Care Provider prior to starting an exercise program. Below are a list of frequently asked questions.

Q: How long will registration be open?
A: Registration will be open from April 22 – May 17. All individuals and teams must be registered by Friday, May 17.

Q: Will there be a leaderboard?
A: You may log in to the Marathon eHealth Portal at any time to view the top 5 individual or team steppers. We will send a complete leaderboard each week along with the newsletter. Please note: For teams of two or more, rankings are calculated by average of each stepper, not total team steps.

Q: Can I invite a coworker to join the program?
A: Yes! You can forward this email to your co-worker and they can register by logging in to the Marathon eHealth Portal at https://my.marathon-health.com/#!/Home/Login.

Q: How do I register as an individual?
A: To register as an individual log in to the Marathon Health portal and select the Jumbo Steps link under the Wellness section. Please create a nickname as your team name. You will be creating a team of one.

Q: How do I register as part of a team?
A: You can have up to 5 participants join together to form a team. Each team should designate a team captain who will log in to the portal (https://my.marathon-health.com/#!/Home/Login) to create a team name. Once the team captain creates the team name, other members can join by selecting the team name. All team members must register by Friday, May 17.

Q: Do all team members need to meet their goal to be eligible for the Fitbit Alta raffle?
A: No. The team needs to meet the goal of 420,000 steps on average per member to be eligible for the raffle.

Q: Do I need to meet the 10,000 step goal each day or do I have 6 weeks to accumulate 420,000 steps?
A: We will look at the total steps to determine eligibility for the raffle, not each individual day or week. We do recommend you track your steps daily. All steps must be logged by Tuesday, June 25.

Q: How do I get bonus steps?
A: There will be numerous opportunities throughout the challenge to earn bonus steps. The calendar of events will be announced in the weekly emails so stay tuned!

Q: What if I have trouble syncing my device?
A: Try using the internet explorer browser. If you are still having an issue, please contact the Wellness Center at 617.627.0467 or TuftsWellnessCenter@marathon-health.com.