Tanzanian Field Manager’s Report

Greetings from all of us in Tanzania!

As ever, the past 3 months has flown by with so many exciting projects – some of which have been completed and others which are springing into life. The team here at help2kids Tanzania have faced some challenges along the way but continue to push forward with enthusiasm and commitment. We’ve implemented new teaching methods at our Kunduchi Day Care Centre and with the hard work of the teachers, volunteers and the children we are already seeing the improvements in their academic performance.

On a more sombre note, and as many of you may already know, Costa, a young teenager at our Children’s Home, needs a Bone Marrow Transplant as soon as possible to save his life! Unfortunately, this treatment cannot be performed in Tanzania and costs are as high as approximately USD 90,000 for the procedure to be performed abroad. We need your support to fully cover the cost. To those who have already donated I would like to pass on my warmest thanks for your generosity. But we still have a long way to go to meet the target required. Asante Sana.

Tim Spooner
Field Manager, Tanzania

Help2kids TANZANIA

This second quarter was busy but exciting!

This Quarter our kids at the Children’s Home had a mid-term holiday which started with a little get away with volunteers to the nearby Bahari Zoo. The kids had so much fun and learned so much more about the animals and their behaviors.

Our children are really benefitting from their fortnightly visits to Braeburn School where they are able to participate in a number of different activities. This has already included two hour computer classes and being able to take full advantage of the extensive reading materials at the Library.

Now the kids are in their holiday break and the mamas have organized a timetable of activities for them to keep them busy. In the morning all the kids attend extra classes for Mathematics and science subjects at Kawe and thereafter help the mamas with different chores at the campus, such as cleaning and washing the dishes. We are also starting to arrange football sessions at the local municipal pitch which is near Kunduchi.
**help2kids Health Project**

We have undertaken a number of different activities to ensure the better health, physical and mental wellbeing of our children. The activities that have been done so far include direct treatment of the children at a local hospital and the provision of different preventive medicine workshops. The goal of these is to protect, promote, and maintain health and well-being and to prevent disease. So far we have delivered a WASH talk to our partners and repeated some of the topics within WASH to other groups so as to put the emphasis more on what is supposed to be done to ensure better health for our children. Through our WASH talks we aim to significantly reduce the risk of our children getting diseases such as cholera, diarrhoea, skin diseases and typhoid by educating them into the basic habits of proper health habits without solely relying on being reminded by their caregivers.

At the beginning of April the Health Project was able to start delivering a Menstrual talk to our partnered orphanages. The workshop will continue to be rolled out to our remaining partners. It is our belief that the Menstrual hygiene talk will give our female students all the necessary knowledge and skills on how to make the best decisions concerning general body hygiene issues.

We continue to provide basic First Aid medicines and we are now providing Multivitamins to the children who have HIV to boost their immune system as well as increase their appetite. We have also increased the base quantity of supplies kept so as to ensure that our caregivers at the orphanage can deal with any minor illnesses themselves. This will further reduce the number of hospital visits which ensures we are making the best use of available funds. To assist our caregivers in making the best decisions when assessing the children they we trained by the Doctors from AAR.

---

**Kunduchi Daycare Centre**

The past three months have been extremely productive for the children at our Kunduchi Day Care Centre. We were very luck this quarter as our volunteers have donated a lot of learning materials for the kids and teachers and as a result the children have thrived and are all doing very well academically.

**help2kids** is focused on helping every child regardless of their ability and general circumstances. We have recently identified a small number of our children have learning difficulties due to them suffering from Dyslexia. We have therefore already started a programme of training for all of our teachers at Kunduchi specifically aimed at developing their teaching skills to be better able to teach and provide support to these children. We are already starting to see the benefit of this specialist training with these children showing marked improvement in their recent terminal exams.
Volunteer Program

The volunteer program at Kunduchi has been going through a lot of changes. The teachers are placing a few of the children with the volunteers after having given the lesson for the day. This is allowing the kids that need extra help to receive special attention. It’s already showing great results and the volunteers are really enjoying it! We will be developing this side of the project in the next few months. We’re also looking forward to the summer here in Dar es Salaam, the sun has already started coming back and we will definitely be taking full advantage of that, perhaps even going kite surfing at the Kunduchi resort.

Education Sponsorship Program

We continued supporting our students with all the financial, learning, health and emotional support they need by providing them with their transport and meal allowance and buying books & uniforms. We have also been taking them to a local hospital to see a doctor as well as arranging meetings with a Psychologist and Social Worker for general counselling. During the school holidays the students don’t have full-time lessons so they are all busy doing revision. Given most government schools have limited learning resources available, we have arranged extra tutorial classes which are taught after normal class hours. This is being supplemented with additional classes and tuition during the school holidays – especially for those children who will soon be sitting their national examinations.

We continue to meet with all the students each week and conduct 1 to 1 discussions with them to identify their individual challenges, assess the potential of each student, check attendance in school and their general performance. This provides the perfect learning from which to develop specific goals and objectives for each of the students covering their behavioral development, academic progression, interests and hobbies.

SPONSOR ANGELINA

Angelina is 4 1/2 years old and our youngest child at the Children’s Home. She was taken to the Msimbazi Center after her mother passed away during childbirth and her father’s whereabouts were unknown. Having reached the age limit the Msimbazi Center she was transferred into our care. Angelina has just started school this year. She is enjoying it very much and is already settled and making lots of new friends. She is energetic, friendly and loves to play a lot. She teaches herself to write when she is not busy playing outside.

To find out about sponsoring Angelina please get in touch with us via email kasmiri.massion@help2kids.org
Hello everyone, and greetings from Malawi.

It saddens me to inform you all that this will be my last newsletter update, as I plan on returning to America next month. That being said, I would like to offer a warm welcome to the new Malawi Field Manager, Chndy (pronounced “Shandy”) Rogel. Chndy is joining us from the Philippines where she was recently volunteering in Cambodia. She has an extensive history in research and she is looking forward to applying her knowledge from previous work into her work here in Lifuwu.

I want to say a special thank you to everyone who was involved with help2kids this past year. I had an incredible experience with so many volunteers and community members and my time in Lifuwu is something I will cherish as I continue my own journey. Also thank you to everyone who has assisted with sponsorships and fundraisers recently - we are doing great work in Lifuwu because of you and so many students are receiving continued education due to your generosity.

Let’s wish Chndy all the best as she prepares to join the team! Cheers everyone, until next time.

Garrett
Malawi Field Manager

help2kids Malawi Kazembe and Lifuwu Basic Primary School

In April standard 8 students at Lifuwu and Kazembe Basic Primary School sat for exams, and help2kids was delighted to provide them with meals for the entire exam period. This helped students to concentrate more on their exams than worry about food as they were spending the whole day at school because they had to write in the morning and afternoon hours. The feeding program has been very helpful to students as some of them had to walk over 8 kilometers just for them to get to school and write their exams which would have been very hard if the feeding program was not there.

help2kids: Tiyanjane Nursery School

The school keeps on doing an amazing job in the community and most people love it as proved by the ever increasing enrollment rate. The number of students keep on escalating and currently the school has over 200 students. Tiyanjane Nursery School is the only free early childhood learning center in the community and within the radius of 3 Kilometers.

help2kids together with Tiwalele project provide the students with porridge which they love and go home with a full stomach. The feeding program at the school has also attracted more students to enroll with the school.
help2kids: Maternity Wing Feeding Program

help2kids has for a long time been working with Lifuwu clinic in a number of remarkable projects and that includes transportation to outreach post-natal clinics, food provision to expecting mothers at the clinic and has a garden for them as well as construction of the ART building. Some of the expecting mothers have to travel a distance of over 30 kilometers to get to the clinic for safe delivery of their babies. This is one of the hardships that expecting mothers go through here in Lifuwu and food is another worry these women had to face, in light of these help2kids moved in and provides Ufa (which is flour used to make Nsima the stapple food of Malawi) and a vegetable garden where they are able to get different types of vegetables for free.

help2kids: Community Library

The Community Library which closed for almost three months is now functional and kids were very excited about this as they can now resume their study time after classes. We have also introduced a group reading program in which children from the age of 5 to 7 are put in groups and introduced to early reading which is expected to improve their class performance and these students will be assessed to see the effectiveness of the program.

help2kids Malawi Girls Guide groups

The Girls Guide group at Lifuwu Primary School are making their reusable sanitary pads, thanks to our former volunteer Anna Ash who donated the materials for the project. Currently around 50 Girls are in the process of making their own pads and every girl who finishes her pad will get an additional reusable Pad from Anna. help2kids will also build changing rooms for girls at the school as there is none currently and adolescent girls have to use the shared toilets as changing rooms. The coming in of the changing rooms is expected to boost the confidence and ease the pressure on our young girls as they go through their menstruation circles.

help2kids Malawi Waste Management

help2kids in collaboration with Sengabay Waste management team carried out a cleanup exercise with the help of the community behind the local market area. The area was full of thin plastics and other materials that prompted the organization to carry out the exercise. help2kids with the Dram group conducted a sensitization meeting before the cleanup exercise to urge people in the community to keep the area clean as it poses danger to their lives. By the end of the exercise the team collected 20 full big bags of waste that were sent to sengabay for recycling.

Grassroots Soccer

It is business as usual at GRS as the group continue to meet twice a week. Solomon has been organizing the boys and the team is still stronger. They are now working towards coming up with a strong soccer team that can be able to compete with other external teams.
**help2kids Malawi Education Sponsorship Program**

The education Sponsorship Program (ESP) has over 20 students on board and we are expecting a new cohort after the Primary School Examination results are out—probably in September or October. ESP provides sponsorship to deserving students who have done well in their end of Primary School examination and have been selected to continue their studies in various Secondary Schools in Malawi. Students from both Kazembe and Lifuwu primary school are eligible for this sponsorship.

---

**help2kids STAFF AND VOLUNTEERS**

**help2kids** wants to thank all of our outgoing staff for their great work and welcomes the new staff.

**Tim Spooner:** Tim has recently taken over as Field Manager, Tanzania. He previously volunteered with us when he fell in love with the country, the people and **help2kids** and so he is thrilled to have the opportunity to work with us on a permanent basis. He brings with him extensive experience working at senior level with some of the world’s largest companies and in running his own businesses both in the UK and Australia. He has over 35 years’ experience across all market sectors, including Charities, working with organizations to define, implement and manage complex projects spanning Business Strategy, Finance, Marketing, IT and Operations which should be ideal for this role. We would like to wish him all the best in his new role at **help2kids**.

![Tim Spooner](image1.png)

**Binta Ceessay:** It is tough to say “goodbye,” but the time has come to do so. During her year working with help2kids she has worked to empower the team with knowledge and encouraged all the staff to be the best that they can be. She coached the kids to move ahead with motivation, dedication and passion. All of us at help2kids thank her for being a great Field Manager and feel sure she will keep working with the same passion that she showed all of us here in Tanzania. We all wish her all the best in her life ahead.

![Binta Ceessay](image2.png)

**Marina Sozou:** **help2kids** Team Tanzania is very sad to say goodbye to our amazing team member Marina, the Bajeviro school Manager and Assistant Field Manager. Marina has been an incredible team player and encouraging coach to all children and teachers at Bajeviro Primary. **help2kids** appreciates the dedication and the hard work she has put in while working with us, as well as the friendly atmosphere she has created with the children around our projects. We wish her all the best with her life ahead.

![Marina Sozou](image3.png)

**Ambrose Ritti:** We are very sad to say goodbye to our Assistant Program Coordinator. Ambrose worked very hard, responding to and assisting all of the projects needs. He supported the team, developing new ideas and always brought lots of energy to the Tanzanian team. We will miss him but wish him lots of luck with his next chapter.

![Ambrose Ritti](image4.png)

**Subira Mshana:** Last month we said goodbye to Subira our Children’s Home and Kunduchi Coordinator. Subira was a dedicated and committed team member. She worked hard to enhance the infrastructure and make general improvements to the projects she was working on. We thank her for the time and hard work she put into the projects. We wish her all the best in her career ahead.

![Subira Mshana](image5.png)
help2kids thanks all our former, current and future volunteers for your hard work on our projects in Tanzania and Malawi. Your dedication changed our children’s lives for the better! We are thrilled to be able to bring you this newsletter with updates from all our projects. For more regular news, please check our Facebook, Twitter and Instagram and website!

help2kids runs projects in Tanzania and Malawi that save hundreds of children and their families, we can use all the help we can get. Please click the button above to go to the donation page, Every little bit helps! Donations are tax deductible in USA, Switzerland and Germany.

**SWITZERLAND HEAD OFFICE**
FRANK HAKENJOS
Founder and President
frank.hakenjos@help2kids.org

CHRISTIAN MAEDER
Vice President
christian.maeder@help2kids.org

ENQUIRES: info@help2kids.org
VOLUNTEERING: volunteer@help2kids.org

**TANZANIA OFFICE**
TIM SPOONER
Field Manager
tim.spooner@help2kids.org

ERIK LANG
Volunteer Manager
erik.lang@help2kids.org

**MALAWI OFFICE**
GARRETT BERGHOFF
field Manager
garrett@berghoff@help2kids.org

MERCY MVULA
Volunteer Program Coordinator
mercy.mvula@help2kids.org