What's Happening?

Happy New Year! – Center Closed – Wednesday, January 1, 2020

UN-Decorate Windy Hill – Thursday, January 2; 10 a.m. Starting the new decade out with a clean center. Come help take down the decorations!

Dime Bingo – Monday, January 6 and January 13; 9:00 – 11:30 a.m. Join in this small group of bingo players for some small stakes bingo. Stay for lunch, sign up by January 3rd and January 10th.

Now You Have It, Now You Don’t… - Tuesday, January 7 and Thursday, January 23; 9:45 a.m. Please bring a NEW wrapped gift (min. value of $5) that you would like to receive. You must bring a gift in order to play the game. Note the earlier starting time to give staff time to organize the game. No gifts will be provided by the center.

Northeastern EMS Health Check – Wednesday, January 8; 9 a.m. From 9 a.m. - noon, Northeastern EMS will be in the center to conduct general wellness checks. They will be able to answer questions and conduct minor health checks, including blood pressure checks and sugar monitoring.

Word Link – Thursday, January 9; 10 a.m. Exercise your brain and have fun at the same time! Join us for this popular word game.

Hot Chocolate Social – Tuesday, January 14; 10 a.m. We are going to chase away the cold winter blues with some delicious hot chocolate! Pour a cup, pick your toppings and sit down and socialize a while! Then stay for lunch. Sign up sheet in the lobby.

Speaker Dave Brown – Wednesday, January 15; 10 a.m. As the author of several photography books about airplanes, jets and all things aviation, Dave Brown will give us an inside look into his passion for flight photography. Stay for lunch. Books will be available for sale with proceeds going to Windy Hill.

Prayer Group/Bible Study – Thursday, January 16; 9:15 a.m. Paster Allison Bowlan of St. Paul’s Lutheran Church in Spring Grove will lead the group this morning.

Beach Chair Volleyball – Thursday, January 16; 10 a.m. As the cold days of January keep us from other outside pursuits, we'll add an extra day of Beach Chair Volleyball to get the blood pumping.

Bingo Bonanza – Friday, January 17; 9:15 – 11:15 a.m. In order to play the last ‘big bonanza’ game you must be signed up to eat lunch on this day. Please register for hot lunch by January 15; please register for Bag Lunch by January 10.
WISH LIST

Sandwich Size Ziploc Bags*
Postage Stamps**
Canned Soda *(Pepsi, Diet Pepsi, Coke*,
Diet Coke*, Mug Root beer, Orange Crush*)
Bottled Water**
Dessert Plates
Antibacterial Clorox Wipes
Antibacterial Liquid Hand Sanitizer NOT SOAP
Salad Dressings (ranch, italian, blue cheese, etc)
Plastic Spoons and Forks
Paper Towels*
Styrofoam Soup Bowls
Chocolate Snacks for Vending Machine
Toilet Paper****
Bleach
Copy Paper*
Tissues***

* Greater Need

THANK YOU TO THESE ORGANIZATIONS
AND INDIVIDUALS WHO MADE MONETARY
DONATIONS IN THE MONTH OF NOVEMBER

VFW Post 5265 Spring Grove
Elizabeth Grove
Gary Wildasin
Marion Miller
Richard Hartsough
Annette Masenheimer
Alice Bortner

THANK YOU TO THESE ORGANIZATIONS
AND INDIVIDUALS WHO MADE MONETARY
DONATIONS IN THE MONTH OF NOVEMBER

John Basta
Bob & Maryann Brenneman
Jim Burgard
Pauline Diehl
Ethel Donner
Connie Fackler
Glenda Funkhouser
Nova Gingerich
Barb Harrell
Jerry Henning
Sue Howes
Ellen Johnson
Susan Kanwischer
Bob & Gloria Kramer
Larry Kress
Harlyn & Grace Laughman
Jane Matott
Ken & Pat McCannon
Joann Rohrbaugh
Kass Moubrey
Ella Murphy
Harold & Debbie Nixon
Anna Peterson
Byron & Pat Pomraning
Leo & Sandy Reaver
Gen Reed
Naomi Shearer
Shirley Shearer
Elaine Smeigh
Pat Stone
Bob & Jan Szczechowiak
Nancy Wagner
Ruth Wagner
Country Meadows
Genova’s
Hillendale Farms

IMPORTANT: Update your Contact Information

Please remember to update your contact information with the front office. Please provide your cell phone number to the front desk so we can keep our records up to date. Also keep your emergency contacts current and make sure we have their cell phone number too. If your spouse is also a member it is recommended that you choose someone other than them to be your emergency contact.

PRAYER LIST

Mary Coulson
Harry Baer
Gloria Geesey
Larry Grothey
Pat Franklin
Larry Wolf
Philip Carlise
Alice Bortner
Fred Burns
Delores Brillhart
Dolores Senft
James Senft
Dale Brillhart
Bonna Krout
Edith Brenneman
Wayne Holt
Linda Pence
Beth Folkenroth
Ruth Emig
Harlyn & Grace Laughman

Reminder – We have iPads for use in the building. Ask Nancy to check one out at the front desk.
Meals on Wheels News
If you're interested in helping out with Meals on Wheels as a driver or just want to ride along to keep someone company, please also let Jenna know. We are ALWAYS looking for more people to help out!

A HUGE Thank You to everyone who donated items for the Home Delivered Meal Consumers! We are ALWAYS looking for more people to help out!

Curious about Qigong and T’ai Chi and what they can do for you?
Come to the presentation about both on February 3rd, 2020 in the cafeteria. Instructor Jack Weaver will show the two forms with movements from each. Anybody can participate while I am doing these movements. The movements can be done while standing or seated. Questions will be welcomed. These forms help to improve balance, health, blood circulation, flexibility and work toward fall prevention. Afterward you can participate in our class here at the Center, from 11 to 12 in the Yoga Room.

LiHeap Application Available
Applications for the Low-Income Home Energy Assistance Program (LIHEAP) will be available after November 1. This program helps low-income families pay their heating bills. It is a grant, which does not need to be paid back. Crisis grants are also available if you are in jeopardy of losing your heat due to broken heating equipment or leaking lines, lack of fuel, and termination of utility services or danger of being without fuel. Individuals may apply online or by picking up an application at the front desk.

Cherry Blossoms & The National Cathedral
Join us on April 1st as we head to Washington, DC to spend the morning viewing the Cherry Blossoms. Followed by an authentic Irish Pub lunch at the Dubliner and then off to tour the National Cathedral. Bus will leave from Windy Hill at 7 a.m. and return at approximately 6:30 p.m. The trip includes bus, a bag lunch for snacking, lunch at the Dubliner, admission to the Cathedral, boxed sandwich for dinner and all taxes & gratuities. We will make a coffee stop on the way to D.C., so bring some spending money. Trip costs $80 per person. Please see Nancy to sign up and for more information. Last day to sign up is March 17th.

Income Tax Appointments
We will begin taking tax appointments for our active members only on Monday, January 20. Non-Member appointments will begin on Monday, January 27. Appointments may be scheduled with Tom from 9:30 a.m. – 1:30 p.m. on Mondays and Fridays each week. Please make your appointments as soon as possible as they fill up fast. The first tax appointment will be on Tuesday, February 4. Please keep in mind that if you are calling for an appointment, you will need to select the appropriate mailbox # on the phone system.

OLLI CLasses Offered at Windy Hill
Beginning in March, the Osher Lifelong Learning Institute at Penn State York will offer several of their classes at Windy Hill. OLLI at Penn State York is a membership organization established to enrich the lives of older adults living in York by providing a variety of educational and social activities. Cost for annual membership in OLLI is $50. Windy Hill will be hosting several OLLI classes this spring. The four scheduled classes include the Mildred Pierce (Joan Crawford) Movie and Discussion on Tuesday, March 10, The US Correctional System: Past, Present and Future and Tour of the York County Prison on Tuesday, April 21, The Hex Murders and Trial 1928-1929 on Friday, May 15, and York County Family Bibles on Monday, May 18. Classes will be held at various times. Flyers are available on the website and in the reception area. Cost for the classes are $8 for OLLI members and $15 for non-members. To become a member of OLLI and sign-up for classes, visit their website at www.olliyork.psu.edu. You do not have to join OLLI to participate in the classes.

CoPilot Issues
We continue to have issues with members not checking into and out of the Copilot correctly. It is very important that members are signed in properly and that all of the activities you participate in are checked. This information is used for grant writing and program planning. Additionally, the lunch information is uploaded to the York Co. Area Agency on Aging for funding. We have provided a check-in and check-out list on the wall adjacent to each Copilot. Also, it is every member’s responsibility to sign themselves up for lunch while using the Copilot. The staff is more than happy to assist you to ensure that you are doing it correctly. Additionally, please remember to bring your Copilot cards to check in. A $2 charge will be incurred to check in without your card.
We have been playing “Auction Pinochle” games on Thursday at 1 p.m. This is for:

Paul Diehl Jr.  
Paul Brubaker  
1/5 - Mary Jo Crawford  
Harold Miller  
1/6 - Marlene Ayers  
Paul Brubaker  
Paul Diehl Jr.  
Robert Manning  
1/7 - Cynthia Geraghty  
Walter Gerber  
Carole Murphy  
Robert Overmiller  
1/9 - Walter Hill  
Jacklyn Keagy  
Adrian Lease  
1/11 - David Hoover  
Edward Merrell  
Constance Michaels  
Charles Topper  
1/12 - Joan Messinger  
Shirley Mitzel  
1/13 - Rosemary Collins  
1/14 - Dean Cornbower  
Sara Eisenhart  
Mary Sloan  
Rita Smeltzer  
1/15 - Robert Barnhart  
Karen Geier  
1/16 - John Knight  
Robert Maher  
1/17 - Oscar Foreman  
John Nace, Sr  
John Starner  
George Turner  
1/18 - Helen Nobers  
Marlin Routson  
Dale Thoman  
Linda Trimmer  
1/19 - Dona Hoover  
Gloria Luckenbaugh  
Shirley Wolfgang  
1/20 - Joyce McDermitt  
Emily Stewart  
1/21 - Betty Bange  
Robin Barton  
Mary Rose Lawhead  
Dorothy Markle  
Elvin Myers  
Robert Senft  
1/22 - Larry Grothey  
Beverly Hughes  
1/23 - Gloria Kanwischer  
Elaine Nafe  
1/24 - Bonnie Riddle  
Ingeborg Altland  
Joyce Hertz  
Ronald James  
Patricia Strouse  
1/25 - Marjory Behl  
Harold Runkle  
Alice Stauffer  
1/26 - Crawford Dennard  
Jack Roberts  
Albert Smith  
1/27 - Connie Emory  
Darrell Hoffman  
Grant Newby  
James Pentz  
Jack Thoman  
1/28 - Kay Kessler  
Patricia McCannon  
C. Jeanette Rohrbaugh  
1/29 - Nancy Ganther  
Linda Haberkam  
1/30 - Judy Ensminger  
Katherine Fishpaw  
Gemma Martin  
Gail Rohrbaugh  
Susan Sullivan  
1/31 - Nellie Brenneman  
Walter Lobodinsky  
Merle Raubenstine

**ANNIVERSARIES**

Robert & Jean Manning  
01/06/01  
Gorman & Nancy Martin  
01/07/78  
Robert & Janet Maher  
01/09/88  
Richard & Kathy Erdman  
01/10/70  
Stanley & Judith Kaplan  
01/10/70  
Donald & JoAnn Arnold  
01/12/74  
Robert & Jo Dahms  
01/14/84  
Larry & Donna Sheridan  
01/17/59  
Kenneth & Bonna Krout  
01/17/65  
Nick & Debbie Nixon  
01/18/72  
Robert & Trudy Murray  
1/18/72  
Richard & Gynger Garrison  
01/23/60  
Barry & Beverly Strausbaugh  
01/25/64

If we missed your birthday or anniversary, please contact our office at 225-0733 so we can put you on our list!

**OUR CELEBRATION FOR BIRTHDAYS AND ANNIVERSARIES IN JANUARY**

Our Celebration for Birthdays and Anniversaries in January will be held on Thursday, January 30th at 10:00 a.m. with entertainment by Tom Shultz.

Sign up for lunch by January 24th.

**Happy New Year!**

Thank you to Leo & Sandy Reaver for providing December’s Birthday/Anniversary Party ice cream.

**Our Celebration for Birthdays and Anniversaries in January will be held on Thursday, January 30th at 10:00 a.m. with entertainment by Tom Shultz**

Sign up for lunch by January 24th.

**Birthday cupcakes are provided by Country Meadows**

Thank you to Leo & Sandy Reaver for providing December’s Birthday/Anniversary Party ice cream.

**Thank you to Pivot Physical Therapy for sponsoring January’s Birthday/Anniversary Party**
<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
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<tr>
<td><strong>January 1</strong></td>
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<td><strong>January 3</strong></td>
<td><strong>January 4</strong></td>
<td><strong>January 5</strong></td>
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<tr>
<td>Hot Dog</td>
<td>Lasagna with Meat Sauce</td>
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<td>Lasagna with Meat Sauce</td>
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<td>1/2 cup Cheesy Potatoes</td>
<td>Topped with Mozzarella</td>
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<td>Topped with Mozzarella</td>
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<tr>
<td>1/2 cup Green Beans</td>
<td>1 cup Tossed Salad with Cucumber and Dressing</td>
<td>1 cup Tossed Salad with Cucumber and Dressing</td>
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<td>1 cup Tossed Salad with Cucumber and Dressing</td>
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<td>Hot Dog Roll</td>
<td>Breadstick</td>
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<td>Fresh Seasonal Fruit</td>
<td>1/2 cup Diced Peaches</td>
<td>1/2 cup Diced Peaches</td>
<td>1/2 cup Diced Peaches</td>
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<td><strong>January 6</strong></td>
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<tr>
<td>Sloppy Joe</td>
<td>Chicken Alfredo</td>
<td>Warm Roast Beef with Cheese Sandwich</td>
<td>Country Fried Chicken</td>
<td>Country Fried Chicken</td>
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<tr>
<td>1/2 cup Ranch Seasoned Tomatoes</td>
<td>over 3/4 cup Bowties</td>
<td>1 cup Homemade Vegetable Soup with Crackers</td>
<td>with 2 ounce Creamy Gravy</td>
<td>with 2 ounce Creamy Gravy</td>
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<tr>
<td>1/2 cup Green Beans</td>
<td>1 cup Tossed Salad with Tomato and Dressing</td>
<td>1/2 cup Mixed Fruit</td>
<td>1 cup Whipped Potatoes with Chives</td>
<td>1 cup Whipped Potatoes with Chives</td>
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<tr>
<td>Whole Grain Sandwich Roll</td>
<td>Italian Bread</td>
<td>Wheat Bread</td>
<td>1/2 cup Mixed Vegetables</td>
<td>1/2 cup Mixed Vegetables</td>
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<tr>
<td>1/2 cup Mandarin Oranges</td>
<td>1/2 cup Pineapple Tidbits</td>
<td>Fresh Fruit</td>
<td>Wheat Bread</td>
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<td><strong>January 11</strong></td>
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<td><strong>New Year’s Special</strong></td>
<td><strong>January 16</strong></td>
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<td>January 31</td>
<td><strong>Center Closed</strong></td>
<td><strong>Martin Luther King Birthday</strong></td>
<td><strong>Center Closed</strong></td>
<td><strong>Martin Luther King Birthday</strong></td>
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*** All meals are subject to change ***

*** Served daily: 8 ounces Milk and 1 tablespoon Margarine ***
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<tr>
<td>Mondays &amp; Wednesdays</td>
<td></td>
<td>Happy New Year</td>
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<tr>
<td>Open Gym Basketball at</td>
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<td>Center Closed</td>
<td>10...Center Cleanup</td>
<td>9:15...Quarter Bingo</td>
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<td>Windy Hill Gym</td>
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<td>10...Pickleball</td>
<td>10...Tap Dance Class</td>
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<td>Tuesdays &amp; Thursdays -</td>
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<td>11...Walking Club</td>
<td>10...Walking Club</td>
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<td>Bowling at Colony Park</td>
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<td>11...Chair Exercise</td>
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<td>Wednesdays @ 9 -</td>
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<td>Needlework &amp; Card Club</td>
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<td>9...Silver Sneakers Classic</td>
<td>10...Word Link</td>
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<td>10...Dime Bingo</td>
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<td>9...Seth Grove’s Office</td>
<td>10...UPMC &amp; Minnichs presents Drug</td>
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<td>11...Chair Exercise</td>
<td></td>
<td>10...Now You Have It...</td>
<td>Interactions.</td>
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<td>11...Tai Chi Chih</td>
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<td>10...Shuffleboard</td>
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<td>12:30...Yoga 101</td>
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<td>11...Line Dancing</td>
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<td>7</td>
<td>New Years Meal</td>
<td>11...Beach Chair Volleyball</td>
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<td>9...Silver Sneakers Classic</td>
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<td>9...Northeastern EMS Well Checks</td>
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<td>9...Apprise (Appt req)</td>
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<td>9...Breakfast in the Café</td>
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<td>9:30...Parkinson’s Exercise</td>
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<td>10...Lucky Bingo</td>
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<td>9...Silver Sneakers Classic</td>
<td>10...Quilt for Kids</td>
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<td>10...Hot Chocolate Social</td>
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<td>5...Quilts for Kids</td>
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**Chair Massages**

Randy Walton will be available on Thursday, January 16th from 9 a.m. to noon to provide 15 minute chair massages. Have arthritis, swollen fingers? Randy does hand massages too, just ask! Cost is $10 and pre-registration and payment are required. Sign-up sheet in the reception area.

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**Please Note!**

We would ask you to please plan on getting to any activity at least 15 minutes prior to the start time listed on the calendar. This is so as to avoid the disturbance by folks walking in the door as the activity is starting. This is rude to our speakers and also to the organizers of games and activities.

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**NOTICE**

Please do not bring miscellaneous items to share on any lunchroom tables. If you have something to share with other members please ask a staff member and remember it must be unopened, new, clean packaging.

Do not hang flyers on Lobby bulletin boards without consulting with Nancy at the front desk.

Out of consideration for our more smell sensitive members, please limit the use of strong fragrances.

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**Disclaimer:**

This newsletter was created by a human, expect mistakes.

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**Pinochle Thursdays at Windy Hill**

We have been playing “Auction Pinochle” games on Thursday at 1 p.m. This is for new and experienced players. For anyone interested in learning instruction will be given. The goal is to get enough people playing (at least 8) that we could invite other centers to compete with us. Spearheading this effort is Dale Seaks, he is happy to answer any questions you may have.

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**Happy New Year!**

Wow! 2020! Can you believe it? Those of us who remember the millennial celebration and the Y2K meltdown that never happened probably have a hard time imagining that it was 20 years ago! As we look forward to another busy year at Windy Hill we would like to take a moment to express our appreciation to all of our members and friends who give their time and resources to make Windy Hill a great place to exercise, learn and socialize. I want to, especially, thank those who donated to our Home Delivered Meal consumers and the residents of Harmony Personal Care Home. The response to our donation request was awesome! We collected over 1,300 items including personal care items, gloves, hats, pillows, blankets and food. Because of your generosity, these older adults in our community were blessed this holiday season. We have the most generous members, and we thank you!

Please mark your calendars for some upcoming programs and events.

Our 2020 Wellness and Vendor Fair will be earlier this year, on Thursday, March 26. The Showcase and Open House event will be held on Wednesday, April 8. This is the time to invite your friends and family and show them what happens at Windy Hill. Also, the Give Local York event will be on Friday, May 1.

Thank you for your continued support!

Happy 2020!

Tammy
Executive Director

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**Windy Hill Closing Policy**

Please note that if the Spring Grove Area School District is closed for inclement weather, Windy Hill will be closed. If the school district has a 2-hour delay, Windy Hill will decide on a case-by-case basis whether to open or close. Closures will be posted on our Facebook and website. We will also have a message on the answering machine. Please call the center number for verification of closure. Please use proper judgment when deciding whether or not to travel to the center. Even though we are open, it does not mean that our sidewalks and parking lot are completely clear of ice and snow, please be careful!

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**Quilts for Kids Needs Your Help**

The Quilts for Kids Group would welcome any donations of NEW cotton fabric and NEW cotton batting. This group provides quilts for hospitalized children in regional hospitals. Please be as generous with them as they are giving up their time and talent to make a sick child feel better. Donations can be brought to the main office. Cash donations will be accepted.
Parkinson’s Exercise Activity

This exercise class is exclusively for Parkinson's patients and their caregivers. The instructors use proven exercise and stretching techniques to help patients improve strength, balance and stamina. These exercises have been proven and the instructors certified to help Parkinson's patients. Each class is $10 and caregivers are welcome and encouraged to attend for free. The instructors have extensive experience with this disease and can adjust and individualize for the individual patient’s needs. Please encourage and spread the word for this worthwhile class.

If your insurance changes to or from Silver & Fit to or from Silver Sneakers, please let Nancy know to update our records.

Thank You from the Staff

Our heartfelt thanks for all of the goodies, cards and presents that we received during the Holiday Season. We feel appreciated and hope that we can continue to make your time spent at Windy Hill a happy and friendly experience every day, all year long.

Windy Hill Lunch Program

Lunch is served Monday through Friday at 12:00 Noon. The cost for the lunch for seniors 60 and older is by donation (recommended donation is $2.00). Those 59 and younger pay $3.75. Windy Hill receives funding through the York County Area Agency on Aging solely based on the members who join us for lunch each day. Please consider signing up for lunch so that we can be compensated by the Agency on Aging and, thus, support the daily operation of Windy Hill on the Campus. Please be advised that lunch reservations must be made on the Copilot by 9:30 a.m. the day before you desire to eat lunch. Please remember to cancel your lunch as soon as you realize that you are unable to attend. This will allow us to offer that lunch to someone who may not have ordered in advance. Take out containers are available for a $1 donation.
January NEWSLETTER SPONSORS

Susan Howes - In memory of our mother, Lottie Trone, by her children.  
Richard & Kathy Erdman - In honor of our 50th Anniversary

We need Newsletter Sponsors – Help us to offset the cost of printing our newsletter.  
For $25 a month you may dedicate or honor any one or any occasion that you wish.  
See Nancy at the front desk for more information.

Next Book Club to be held on  
Tuesday, January 21, 2019 at 11:00 a.m.  
The Rent Collector by Camron Steve Wright
The Rent Collector is the story of a young mother, Sang Ly, struggling to survive by picking through garbage in Cambodia’s largest municipal dump. Under threat of eviction by an embittered old drunk who is charged with collecting rents from the poor of Stung Meanchey, Sang Ly embarks on a desperate journey to save her ailing son from a life of ignorance and poverty. It’s a tale of discovery and redemption in which she learns that literature, like hope, is found in the most unexpected places. Though the book is a work of fiction, it was inspired by real people living at Stung Meanchey.

Windy Hill at Guthrie Library

Windy Hill will be providing programming and other services for seniors in Guthrie Memorial Library at 3 Library Place, Hanover. Programs will be provided each Wednesday from 10 a.m. until 1 p.m. A lunch will be provided at a minimal cost. Transportation is also available through RabbitTransit, but co-pay per trip will be charged. Please note that these activities will be held at the library location in Hanover.

*Check with the Guthrie Library for a weekly schedule with specific activities.

UPCOMING ACTIVITIES:

February 10 - Council Meeting with Leo Reaver  
February 14 - Valentine’s Day Party with DJ Pebbles  
February 17 - President’s Day – Center Closed  
February 27 - Birthday/Anniversary Party with Mark Bowersox
Martin Luther King Day – Center Closed – Monday, January 20

Family Feud – Tuesday, January 21; 10 a.m. Join us to play this classic game. It’s a favorite with our members.

Speaker Scott Mingus – Wednesday, January 22; 10 a.m. Local Author and Historian Scott Mingus will discuss Civil War Politics in York County. Scott will have his books available for sale. Sign up for lunch.

Blood Pressure Check – Friday, January 24; 8:45 a.m. Screenings take place in the lunchroom. Please check “Blood Pressure” on the CoPilot when you sign in.

UPMC Hanover Hospital and Minnich’s Pharmacy presents “Drug Interaction” - Monday, January 27; 10 a.m. Sign up for lunch by January 24th.

Mind Matters: Weather Wise – Prepare & Be Safe – Tuesday, January 28; 10 a.m.

Breakfast with Leo – Wednesday, January 29; 8:30 a.m. Join our favorite breakfast maker for this fan favorite fundraiser. Tickets are $5, purchase at front desk.

January Birthday and Anniversary Party with Entertainment by Tom Shultz-Thursday, January 30; 10 a.m. Please sign up for lunch by January 28th.

Quilts for Kids –Monday, January 13 & Tuesday, January 21 at 5 p.m.; Thursday, January 9 at 10 a.m. Join the Quilts for Kids group to help make quilts to give to ill or needy children. You don’t need to know how to sew. They can always use assistance cutting fabric, etc.

Lucky Bingo (no caller) – Tom Uffelman will play Lucky Bingo on Wednesdays; January 8 & January 29 at 10 a.m. in the Café.

Ballroom Dancing – Tuesdays; 1:00 pm in the Auditorium $2 per person.

Chair Beach Volleyball – Tuesdays, 11 a.m. By popular demand, we will now play Chair Beach Volleyball every Tuesday at 11 a.m. in the Front Lobby. Has quickly become a center favorite! Keep your behind on the chair and just hit the ball. Easy – peasy!

Playing Cards Club – Wednesdays; 9 a.m. Anyone who is interested, just show up and the card games will be chosen based on the consensus of the attendees.

Pinochle Games – Thursdays; 1 p.m.