President’s Message

At the beautiful site of the 2016 CA-AFCS Biennial Conference, the CA-AFCS Executive Committee and Board of Directors met for their spring meeting at the Holiday Inn Media Center in downtown Burbank. Traditionally in CA-AFCS the Board of Directors meets face-to-face during the off conference years. We are thrilled with the accommodating location. The sky lounge area at sundown will be a spectacular site for our Friday evening reception, and the central location of the hotel provides lots of opportunities for exciting excursions. Best of all, for many – the hotel is just a few miles from the Burbank (Bob Hope) Airport. Barbara Kilborn says that she may have had the best salad ever at a nearby restaurant! Doris Barela-Fossen, Diane Lewis-Goldstein, and Dolores Robles are cooking up an outstanding program for our 2016 CA-AFCS Biennial Conference April 1-2 at the Holiday Inn Media Center in Burbank. Make your plans to attend now!

Besides the CA-AFCS Biennial Conference, the major business discussed at the meeting was the proposed bylaws and policy changes. The proposed bylaws changes are addressed in another article in this issue of the Contempo. The major change to the CA-AFCS policies was to reinstate CA-AFCS paying for District President participation at the off conference year CA-AFCS Spring Board of Directors meetings, for up to $250.00. There was much discussion about the importance of the districts being represented. This point was further evidenced by the robust activities that were shared in the district reports given by the district president in attendance: Thaya Craig (North Central), Bonnie Farmer (Citrus), Doris Barela-Fossen (Los Angeles), and Sue Walters (San Diego). Barbara Kilborn, EEF Treasurer, reported that all of the EEF accounts have been transferred to E.K. Riley and we have seen enough growth in our accounts to easily provide all the scholarships and grants initially proposed by the EEF Committee... but we need people to apply by April 1!

Barbara Daher submitted a report for awards, stating that there are no candidates for awards this year in our off conference year. Melissa Webb, CA-AFCS Secretary and CA Department of Education Consultant, reported that there is legislation being proposed that is likely to bring much more funding to CTE programs in California. One challenge of the legislation is that it names us as Homemaking. We are forming an advocacy group to help better inform legislators of more appropriate terminology for our programs...like Family and Consumer Sciences! Contact me if you are interested!

In partnership with the Kappa Omicron Nu chapter at California State University at Northridge, the CA-AFCS student unit is hosting a conference on Saturday April 25 from 11:00 am to 3:00 pm at Sequoia Hall on the C-SUN campus. We encourage CA-AFCS members and non-members to attend. Contact Diane Lewis-Goldstein or myself if you have questions. Students can present a project poster, if they submit a proposal by April 13. We already have students from CSULB, C-SUN and PLNU registered to attend!

The CA-AFCS elections are just around the corner and we are in need of a few candidates. Please contact Lisa Ledeboer (lledeboer@mtsac.edu) if you can serve!

Sincerely,

Jody L. Roubanis, CFCS
2014-2016 CA-AFCS President

www.aafcs-ca.org
**CA-AFCS Changes**

**Proposed Changes to CA-AFCS Bylaws**

Mitigating the present proposal for changes to the CA-AFCS bylaws was the adoption of the new AAFCS governance structure at the 2014 AAFCS Senate. The CA-AFCS Executive Committee decided that it was also a good time to review all of bylaws. The proposed changes were presented and discussed at the recent CA-AFCS Spring Board of Directors meeting. A summary of the changes follows:

- CA-AFCS President and CA-AFCS President-elect will represent CA-AFCS on the AAFCS Leadership Council. For the even years when there is not a President-elect, another CA-ACS member will serve on the AAFCS Leadership Council.
- The EEF Scholarship Chair is a non-voting member of the EEF Committee, and is appoint by the CA-AFCS President for terms when the president is in office.
- The Extended Education Fund (EEF) Committee’s name was clarified. It is not a board.
- The official name of the association’s professional conference is the CA-AFCS Biennial Conference.

A big chunk of time at the recent CA-AFCS Board of Directors meeting was dedicated to getting these bylaws straight. Amber Bradley gets the grammar star for catching the most corrections! I am appreciative to all board members input and feedback. If you are interested in providing feedback on the proposed changes, contact your district president or myself by April 15, 2015.

Because the changes (besides those imposed by AAFCS) are more about clarification and maintaining congruence, it was determined that the CA-AFCS Board of Directors could vote to implement the changes without a vote from the association represented at the Biennial Conference. This news is good, because then we would not necessarily have to have a (boring) business meeting at our 2016 CA-AFCS Biennial Conference!

I can’t think of too many people who genuinely get excited about bylaws changes, except perhaps yours truly! Early in my career as an administrator in Virginia, having current and relevant bylaws in place to govern our FHA/HERO student leadership organization saved me some administrative headaches. It is a good thing to have our bylaws reviewed. The process also forces us to consider them.

Dr. Jody L. Roubanis, CA-AFCS President

**Changes to AAFCS dues for California Members**

Until recently, the national association collected $140 for active California members: $135 for basic national dues, plus an additional $5 for membership in California. National would then rebate 25% of the basic amount plus the entire $5 to the California Affiliate (CA-AFCS). Now AAFCS has changed some of the basic dues rates and also will not be collecting the additional $5 for the California Affiliate. As a result, there will be slightly less income per member to California from the new dues structure.

Following is a list of previous and current dues amounts and the amount returned to the California Affiliate:

<table>
<thead>
<tr>
<th>Type</th>
<th>Previous</th>
<th>Current</th>
</tr>
</thead>
<tbody>
<tr>
<td>Professional (active)</td>
<td>$140 ($38.75)</td>
<td>$150 ($37.50)</td>
</tr>
<tr>
<td>Emeritus:</td>
<td>$100 ($28.75)</td>
<td>$100 ($25.00)</td>
</tr>
<tr>
<td>Student:</td>
<td>$60 ($15)</td>
<td>$50 ($12.50)</td>
</tr>
</tbody>
</table>

CA-AFCS keeps 50% of the money from National and credits the other 50% to the districts of the members who paid the dues. The state treasurer pays the liability insurance out of the districts’ share on a per capita basis and sends the remainder to the treasurer of each district.

Jeri Whelan, CA-AFCS Treasurer

www.aafcs-ca.org
EEF Treasury Highlights

June 2014, Barbara Kilborn took over as EEF treasurer from Betty Knopf, with a lot to learn about finances and investments. Barbara and Bonnye Whamond, chair, changed our EK Riley representative from Bend, OR to Roseville, CA for better communications at the end of June. In July and August, 17 scholarships were paid out equaling $20,500, which required transfers of $17,000 from EK Riley accounts.

October 3, 2014, Jody Roubanis, Jeri Whelan, Bonnye and Barbara met for an extended meeting with Don Jacobs, our EK Riley financial advisor. We reviewed all of our accounts and found our historical record with them has been very profitable. He questioned why we had 2 accounts with Oppenhiemer Funds, which hold mutual fund bonds. As a committee, we agreed to have all these funds consolidated under EK Riley. This required us finding the original purpose for our investments (started back in 1968) to fund post graduate educational opportunities for our members, and to clarify our official name on all our documents.

January 27, 2015 Barbara and Bonnye met with Don Jacobs again for an update. He had had time to study the Oppenhiemer Funds, and found that they were in high risk junk bonds. He suggested we divest two thirds of these bonds and buy safer ones with a higher annual yield. We contacted the committee for approval and moved forward this plan. There is no commission on sale or purchase of these bonds, since we are a non-profit.

All but one of our 17 stocks produced income from dividends at about 3 to 5% per annum. This was true for Oppenhiemer Funds too, but the average in the market is 6 to 9% per annum. Our goal is to earn better than the market and acquire higher amounts of income to support the scholarships and grants that we offer.

End of year 2014 - Portfolio Earnings for EEF:

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
<th>Yield</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oppenheimer Interest</td>
<td>$4,356.79</td>
<td>3.5%</td>
</tr>
<tr>
<td>EK Riley Interest</td>
<td>$5,055.51</td>
<td></td>
</tr>
<tr>
<td>Realized capital gains</td>
<td>$33,303.81</td>
<td>12.6%</td>
</tr>
<tr>
<td><strong>total</strong></td>
<td><strong>$42,716.11</strong></td>
<td><strong>16.1% growth over 2013</strong></td>
</tr>
</tbody>
</table>

**EEF ASSET VALUE AS OF JANUARY 29, 2015**

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
<th>Yield</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Value of 17 Stocks</td>
<td>$175,708.32</td>
<td>2.95% average yield</td>
</tr>
<tr>
<td>Total Bonds</td>
<td>$93,356.89</td>
<td>6.26% average yield</td>
</tr>
<tr>
<td>Cash Reserves</td>
<td>$5,972.30</td>
<td>(used to buy new &amp; hold dividends and interest)</td>
</tr>
<tr>
<td><strong>EK Riley Total Equity Assets</strong></td>
<td><strong>$275,037.60</strong></td>
<td></td>
</tr>
<tr>
<td>Chase Checking</td>
<td>$7,950.06</td>
<td></td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td><strong>$282,810.91</strong></td>
<td></td>
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</tbody>
</table>

Submitted by Barbara Kilborn
March 6, 2015
Taking It to the Streets Update

Taking It to the Streets!

Taking It to the Streets (TIS) Updates

The TIS Community continues to work with the Family Economics and Resource Management (FERM) community on our current campaign: “Impact of the Economy on Families: Strategies and Solutions.” We hope to empower our members with resources, activity ideas, and professional development so that we, as a profession, can take our expertise “to the streets” to assist those with whom we work and at the same time bring visibility to our profession.

1. Helping military families with financial issues

*Here are some ideas for your affiliate or your classroom.* Wouldn’t it be great if every affiliate participated in either or both of the activities below and was also used as a service project for our FCS students?

*Think of the awareness of family and consumer sciences this would create in your community, state and even nationally!*

- **Coups for Troops “Clipping Coupons for a Cause”** Conduct coupon drives for military families. Even expired coupons are accepted and there are direct mail or drop off locations. [www.coupsfortroops.com](http://www.coupsfortroops.com) Doesn’t this sound easy?

- **Fisher House** The 63 Fisher Houses located around the country provide military families housing close to a loved one during hospitalization for an illness, disease or injury at no cost. There are many ways you can help...here are a few: Bring in meals and snacks for residents, or help with holiday decorating, toy drives, and gifts for those staying at the home through the holidays. Go to the [Fisherhouse.org](http://Fisherhouse.org) for more information. *Engaging in both of projects above would also enhance the image of FCS with military families. Invite a Fisher House rep to your affiliate meeting or classroom, or visit one in your state!*  

2. An exciting webinar:

Based on our standing room only 2013 and 2014 annual conference presentations, we will present - *The Impact of the Economy on the Family: Taking it to the streets for Strategies and Solutions.* April 7, 2015 at 4 pm. More details to follow!

3. TIS/FERM will showcase a timely series of presentations focusing on health insurance choices and uses at our 2015 annual conference...more details to follow in upcoming communications.

4. Twice is Nice Accessories Swap-*This exciting event brings financial strategies to the action level!* Bring new or gently used accessories to the Communities Showcase following the opening General Session on Thursday in exchange for a ticket to choose something “new” early Friday evening. *More details will be provided soon!*  

Please share this information through your list serves and/or newsletters. Contact Marilyn Swierk [msinnovate@aol.com](mailto:msinnovate@aol.com) or Mary Behrendt at [bkehece@sd6.k12.mt.us](mailto:bkehece@sd6.k12.mt.us) for further information  

[www.aafcs-ca.org](http://www.aafcs-ca.org)
Nomination Request & Conference Reminder

WE NEED YOU!!! Or someone like you to help! The nominating committee still needs individuals for a couple of spots: President Elect, Treasurer, and Nominating Committee. Please contact Lisa Ledeboer before March 29th at (liedeboer@mtsac.edu) with any recommendations.

ALSO, We need Teacher of the Year nominations as well as recommendations for other notable awards within our State. We have such a wealth of resources to choose from...please let Barbara Daher know of your suggestions (bdaher4935@aol.com). Let’s recognize our talent!!

♫ I'm going to Jackson... ♫

Don’t forget to make your plans to attend the Annual Conference. June is just around the corner.

Not coming to the National Convention this year? May be you would consider helping a student attend our 2016 Biennial State Conference next year. A donation of $50.00 would go a long way in helping and encouraging our rising professionals to attend. Won’t you consider making an investment in our future?

Make Checks Payable to: “Los Angeles CA-AFCS” and send to:
Dr. Diane Lewis-Goldstein
Family and Consumer Sciences Department
California State University, Northridge
18111 Nordhoff Street, Northridge, CA 91330
diane.lewis.goldstein@csun.edu (818)677-3120

Dr. Diane Lewis-Goldstein
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diane.lewis.goldstein@csun.edu (818)677-3120

Submit Articles!
Send them to our Contempo Editor at articles@aafcs-ca.org

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whelanjf@gmail.com
CA-AFCS Student Leadership and Research Conference

Saturday April 25, 11:00 AM to 3:00 PM at C-SUN

The first biennial student conference is almost here! For the best rate register by April 20, after the deadline the cost goes up to $15.00. Dr. Jody L. Roubanis will be the keynote speaker and energize us to view the field of Family and Consumer Sciences through the lens of the FCS Body of Knowledge. An exciting new project competition will be unveiled that was developed by Dr. Gus Vouchilas and culminates at the 2016 CA-AFCS Biennial Conference April 1-2 in Burbank. There will be lots of opportunity to network and get to know others from around the state.

This conference is co-sponsored by the California State University at Northridge Kappa Omicron Nu chapter. Members and non-members are encouraged to attend. Students who are presenting a project or research must register to attend. Students from CSULB, C-SUN and PLNU are already registered to attend. For more information about the conference contact Dr. Diane Lewis-Goldstein at diane.lewis.goldstein@csun.edu or (818) 677-3120.

REMEMBER!!! Call for FCS Undergraduate Research and Projects: Due April 13, 2015

Presentation of a final research paper, field experience journaling, community engagement activity, garment design, interior space design, menu or diet plan, children’s learning tool. These may be displayed on a table (provided), on a dress form or mannequin (provided), or on a poster (provided by you).

Proposal Submission Guidelines

Prepare a ½-page abstract/summary of your proposed presentation explaining the nature and importance of your project.

Save your file in Word format with filename consisting of your last name, Undergrad, and a number if you will be submitting more than one abstract (e.g., Smith1Undergrad.doc or Smith2Undergrad.doc).

Submit your proposal as an attachment to an email to jodyroubanis@pointloma.edu using the following process (one email per submission):

In the body of the email state the following:

Presenter name(s) and college or university attending
Mailing address, City, State, Zipcode, Phone, email of one contact person
Title of Presentation
Presentation format (please request table, dress form or mannequin and size, or other display format needed).
Student Unit State Conference
Saturday April 25, 2015 11:00am to 3:00pm
California State University at Northridge

REGISTRATION FORM

Name: ________________________________
School: _______________________________
E-mail: _______________________________
Phone: ________________________________

Circle one:  Student  Faculty  Other

Cost for registration is $10.00 and Due April 20
Make Check Payable to “Los Angeles CA-AFCS”
On site registration is $15.00

Send Registration to:
Dr. Diane Lewis-Goldstein
Family and Consumer Sciences Department
California State University, Northridge
18111 Nordhoff Street, Northridge, CA 91330
diane.lewis.goldstein@csun.edu (818)677-3120

Other Inquiries: Dr. Jody Roubanis
jodyroubanis@pointloma.edu (562) 673-6401

www.aafcs-ca.org
CA-AFCS Scholarship Opportunities

The CA-AFCS Scholarship opportunities for 2015-2016 will soon be closed! Please see details for CA-AFCS and district scholarships on our website: http://www.aafcs-ca.org/ca/scholarships-grants/scholarships/ or contact Dr. Nancy Rabolt, at nrabolt@sfsu.edu.

The due date for applications (one generic application form) is April 1, 2015. Applications must be postmarked by deadline.

scholarships and grants are due April 1

Extended Education Fund (EEF) Financial Report

by Barbara Kilborn

Extended Education Funds all originated from $100 donations, made by CA-HEA past state & district presidents starting in 1968. This resulted in $10,000 that was invested and has seen a huge growth in these funds. EEF funds are meant to serve our association members by helping them develop new programs, present meetings, do research and expand the visibility of our profession. See the CA-AFCS website for applications for all scholarships and grants.

We need to find new donations or earn about $20,000 annually from our investments to continue paying all the grants and scholarships that we would like. Grants can be funded up to about $5000 over a 2 year period, and scholarships will be about $1500 each. For more information contact Bonnye Whamond, EEF Chair at bwhamond@gmail.com.

Now is a good time to think about making a donation to EEF to continue our good work. If you can make a donation to EEF, please send to Barbara Kilborn, treasurer, at 11709 Inverness Way, Auburn, CA 95602.
30th Annual Leadership and Management Conference
Pre-Conference Activities June 25, 2015

Workshop 1 – 8:00 p.m. – 12:00 p.m.
Common Core and HECT

Did you miss the Common Core and HECT workshop that was held in your area? You have always been teaching the Common Core, now is your opportunity to learn how to integrate the new language into your course syllabus.

Fee: $75.00
Limited to 30 participants

Workshop 2 – 1:00 p.m. – 5:00 p.m.
Technology in the Classroom

Tablets are coming! Within a few years you too will be using tablets in your classroom if you are not already doing so. Be ahead of the curve by learning how to use the latest technology to teach your students.

Fee: $100.00
Limited to 30 participants

Workshop 3 – 8:00 a.m. – 5:00 p.m.
Food Service and Hospitality Tour

See the back-of-the house at the new Levi Stadium, home of the San Francisco 49ers, in Santa Clara. Get a firsthand look at their food service venues and hospitality opportunities that this type of venue offers. Lunch will be served at Michael Mina’s Bourbon Steakhouse and Pub where you will hear from their chef and manager. Enjoy the 49ers museum before boarding the bus back to the hotel. At the Hyatt Regency a panel of hotel managers will give you an insight into the methods used to keep the hotel running smoothly. The day will wrap up with a back-of-the-house tour of the Hyatt Hotel’s kitchens.

Fee: $125.00
Limited to 25 participants
Time to Register for the
2015 HECT Leadership and Management Conference
“HECT: Education’s Hidden Treasurer”
June 25-27, 2015
Hyatt Regency SFO, Burlingame

BREAKOUT SESSIONS
Farm to Table
Financial Literacy
HECT and the Common core
Program Management for New Teachers
Tablet Technology in the Classroom
Tips and Tricks for Middle School Teachers
Why We Need Certification
Relief with Google Suite

HIGHLIGHTS
Addressing the Common Core in the HECT classroom for Consumer and Family Studies and Home Economics Related Occupations Programs
4 Concurrent Sessions concerning Common Core in the Career Pathways Meeting the needs of the 21st Century students with career and college preparation and current technologies.

Pre-Conference Activities
Opening Key Note Speaker: Emily Pentecost Ellis
Curriculum Roundtables
Networking with other HECT Teachers
Honoring Administrators of the Year
Welcome Reception

For more information about the conference go to: http://hect.org/leadershipmanagement.php.

NOTE:
Applications for the Kathryn Whitten Professional Development Scholarships are also being accepted. More information about the scholarship and the application form can be found at: http://hect.org/Forms/KW%20Scholarship.pdf.

Honor your administrators with the HECT Secondary Administrator’s Award. For more information and the application go to: http://hect.org/Forms/Administrators%20Outstanding%20Recognition%20Award.pdf
**HECT Conference Registration Form**

**CONFERENCE REGISTRATION FORM**

**2015 HOME ECONOMICS CAREERS AND TECHNOLOGY LEADERSHIP AND MANAGEMENT CONFERENCE**
June 25-27, 2015

Please submit a separate registration form for each participant.

### REGISTRATION INFORMATION

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<thead>
<tr>
<th>Registration Type</th>
<th>Fee</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Early Bird Registration</td>
<td>$270</td>
<td>HETAC member ($255), payment must be postmarked by 5/5/14</td>
</tr>
<tr>
<td>Regular Registration</td>
<td>$300</td>
<td>HETAC member ($285), payment must be postmarked by 5/26/14</td>
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<tr>
<td>Late Registration</td>
<td>$315</td>
<td>HETAC member ($300), payment postmarked after 5/26/14</td>
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<tr>
<td>HECT Pre-service Student Registration</td>
<td>$200</td>
<td></td>
</tr>
<tr>
<td>Single Day Only Conference Registration</td>
<td></td>
<td>Saturday 6/21/14 $160</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Total Registration Fees $</td>
</tr>
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**Guest Tickets**

(Additional reception or meal tickets for guests may be purchased for anyone not registered for the conference. Entrance to all events by ticket only.)

- Friday:
  - Welcome Reception $50
  - Awards Luncheon $50

- Saturday:
  - HETAC Breakfast $30
  - Recognition Luncheon $50

**Total amount guest meals/receptions $**

**Pre-Conference Workshops:**
Thursday, June 25, 2015

- Workshop #1 A.M. $75
- Common Core and HECT Workshop $100
- Technology in the Classroom Workshop $125
- Food Service & Hospitality Tour $25

**TOTAL AMOUNT ENCLOSED $**

(Total registration, special activities and guest tickets)

Name: ____________________________
Home Address: ___________________  
City/Zip: ________________________  
Home Phone: (_______)_____________  
Home E-mail: ____________________  
School/ROCP: ___________________  
District: ________________________  
Work Address: ___________________  
City/Zip: ________________________  
Work Phone: (_______)_____________  
Work E-mail: ____________________  

Vegetarian Meals Requested
Special Dietary Request

(Participant must eat requested meal)

**PURCHASE ORDERS NOT ACCEPTED**
Please make checks payable to:
Home Economics Careers and Technology

FAX a copy of completed form at beginning of payment process and mail hard copy form with payment to:
HECT Curriculum and Professional Development Project
CSU, Fresno  
5300 N. Campus Drive, M/S FF114  
Fresno, CA 93740-8019  
Phone: (559) 278-4236  
FAX: (559) 278-7824  
Web site: [www.hect.org](http://www.hect.org)

**Hyatt Regency Hotel SFO**
For reservations:  
[https://resweb.passkey.com/go/home2015](https://resweb.passkey.com/go/home2015) or call  
1-650-347-1234 Ask for Home Economics Careers and Technology room block.

**Cancellation Policy:** Refunds will only be given if requested in writing two weeks prior to the conference. A $25.00 handling fee will be withheld. No refunds will be given if your registration is cancelled during the two weeks prior to the conference.

No person shall, on the grounds of sex, race, color, national origin, or handicap, be excluded from participation in, be denied the benefit of, or be subject to discrimination under this program.
Calendar

April 25, 2015
CA-AFCS Student Leadership and Research Conference

June 24-27, 2015
106th AAFCS Annual Meeting in Jacksonville, Florida

June 25-27, 2015
2015 HECT Leadership and Management Conference
Hyatt Regency SFO, Burlingame

View our complete calendar online at www.aafcs-ca.org/ca/calendar/
Ask district leaders for more information on activities specific to your district!

Students

Facebook

Keep up-to-date with the latest CA-AFCS happenings by friending us “AAFCS—California Affiliate”

Professionals & Students on LinkedIn

Just search for CA-AFCS to join. If you are not yet networked on LinkedIn, go to www.linkedin.com.

Still Receiving Paper Contempo Copies and Want to Vote On-Line?

Please contact the Contempo Editor at articles@aafcs-ca.org. In the Subject line of your e-mail, please type ADD TO ELECTRONIC VOTING. In your e-mail, please write in your e-mail address twice to ensure that the correct address will be entered into our system.