Kristin's Matcha Energy Balls

14 SERVINGS 15 MINUTES

INGREDIENTS

1 cup Almonds
3/4 cup Hazelnuts
1 1/2 tbsp Green Tea Powder (matcha)
1 1/2 tbsp Coconut Oil
1 cup Pitted Dates
1/4 cup Unsweetened Coconut Flakes
1/4 tsp Sea Salt

DIRECTIONS

01 Add the almonds, hazelnuts, green tea powder, coconut oil, dates, coconut flakes and sea salt to a food processor and blend until well mixed and sticky.

02 Transfer to a medium-size mixing bowl. Form into even balls with your hands, roughly 1-inch in diameter. Dust with more green tea powder if desired. Store in the fridge or freezer until ready to enjoy.

NOTES

LEFTOVERS
Refrigerate in an airtight container for up to seven days or in the freezer for three months.

SERVING SIZE
One serving is equal to one energy ball.

NO HAZELNUTS
Replace with more almonds instead.

BRAIN BOOST
Swap 1/4 c. of the nuts with pumpkin seeds