AIDS: Confessions to a Doctor
A physician’s perspective on medical care and social welfare of HIV-infected people living in Cuba

Dr. Jorge Pérez has more than 30 years of experience in the field of HIV/AIDS treatment and research. He was the director of the Institute of Tropical Medicine “Pedro Kouri” from 2011 to 2017. Within the IPK, he established an HIV/AIDS national reference center for clinical treatment and diagnosis of Cuban patients with HIV/AIDS. He was also the director of the Sanatorium of Santiago de las Vegas, the first sanitarium for HIV patients to open in Cuba, from 1989 to 2000.

Beyond his clinical duties, he is a member of the advisory board for the Program in Infectious Disease and Social Change at Harvard University and an adjunct professor in the Department of Tropical Medicine at Tulane University School of Public Health and Tropical Medicine.

More recently, Dr. Pérez supported a team of Cuban volunteer clinicians in West Africa in response to the Ebola epidemic in 2014.