Join your colleagues for the Chapter’s first ever conference at the new, state-of-the-art The Lodge at Gulf State Park, situated right on the Gulf of Mexico in beautiful Gulf Shores, AL! Enjoy superior education and networking with fellow pediatricians from across Alabama while overlooking the emerald waters of the Gulf!
## Agenda

### Thursday, April 23
- **Exhibit Set-up** 1:30 p.m. - 4:00 p.m.
- **Registration Desk Opens** 5:00 p.m. - 6:30 p.m.
- **“Meet & Greet” Reception in the Exhibits** 5:00 p.m. - 6:30 p.m.
- **Dinner on your own**

### Friday, April 24
- **Registration Desk Open** 7:00 a.m.
- **Breakfast in the Exhibits** 7:15 a.m. - 8:00 a.m.
- **“The Changing Landscape of Autism Spectrum Disorder in Alabama”**
  —**Justin Schwartz, MD, FAAP & Laura Stoppelbein, MD, PhD** 8:00 a.m. - 9:30 a.m.
- **“HPV Epidemic in Alabama: What Can You Do to Protect the Next Generation?”**
  —**Jennifer Pierce-Young, MD** 9:30 a.m. - 10:30 a.m.
- **“Newborn Screening for Severe Combined Immune Deficiency (SCID): A Review of Our First Year”**
  —**Prescott Atkinson, MD, FAAP** 11:00 a.m. - 12:00 p.m.

### Saturday, April 25
- **Breakfast in the Exhibits** 7:15 a.m. - 8:00 a.m.
- **“The Business of Immunization: Protecting Kids Without Destroying Your Practice”**
  —**Chip Hart** 8:00 a.m. - 8:45 a.m.
- **“Evaluation and Treatment of Adolescents with Co-Occurring Substance Use and General Psychiatric Disorders”**
  —**Stephen Taylor, MD** 8:45 a.m. - 9:45 a.m.
- **Refreshment Break in the Exhibits** 9:45 a.m. - 10:15 a.m.
- **Exhibit Breakdown** 10:15 a.m. - 10:45 a.m.
- **“Life Hacks for the Pediatric Practice”**
  —**Katrina Skinner, MD, FAAP** 10:15 a.m. - 11:00 a.m.
- **“The Opioid/Addiction Epidemic and its Impact On Youth”**
  —**Stephen Taylor, MD** 11:00 a.m. - 12:00 p.m.

### Saturday Afternoon
- Grand Pediatric Pentathlon activities continue
- Grand Pediatric Pentathlon “Sandcastle University” on the Beach for Kids & Families 2:00 p.m. - 3:00 p.m.

### Saturday Evening
- **“Grand Pediatric Pentathlon”**
  - Check-in and Door Prize Giveaway 5:45 p.m. - 6:30 p.m.
  - **Dinner on the Terrace** 6:30 p.m.

### Sunday, April 26
- **Breakfast** 7:30 a.m. - 8:00 a.m.
- **“Delivering On Your Practice Culture”**
  —**Chip Hart** 8:00 a.m. - 8:45 a.m.
- **“Healthcare Transitions for Adolescents”**
  —**Tamara Coyne-Beasley, MD, FAAP** 8:45 a.m. - 9:45 a.m.
- **“Child Advocacy: Your Pediatric Voice”**
  —**Cason Benton, MD, FAAP & Nola Ernest, MD, FAAP** 9:45 a.m. - 10:45 a.m.
- **“Meningococcal Disease and Immunization”**
  —**Tamara Coyne-Beasley, MD, FAAP** 10:45 a.m. - 11:30 a.m.
- **“Peer-to-Peer Lessons to Move Your Practice Forward”**
  —**Facilitated by Chip Hart** 11:30 a.m. - 12:30 pm.
- **Adjourn**

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**NOTE:** Children allowed in exhibit hall only under parental supervision.
Please register below or online (preferred) at www.alaap.org, with secure credit card payment via Stripe (no account required).

First Name: ___________________________________________ Last Name: ___________________________________________
(As you would like it to appear on nametag)

Designation: □ MD □ DO □ RN □ CRNP □ NP □ PA □ Other 
Daytime Phone #: (________) ___________________________

Street Address: ______________________________________ City: __________________________ State: ______ Zip: _______

E-mail Address (required): ____________________________ Spouse/Guest Name for Nametag: __________________________

Will you be attending/participating in the following sessions_events? Please pre-register:

♦ Grand Pediatric Pentathlon (Fri./Sat., at your leisure, donation of $65/adult or $50/child 12 & under to participate) □ Yes □ No
Enter shirt sizes here for each participant:
Adults: (S, M, L, XL) ___________________________ Youth: (S, M, L)________________________ _

♦ Saturday Night Dinner (6:30 p.m., included in registration; guests require additional fees) □ Yes □ No # in party ______

FEES**† (Check One) (covers admittance for one person to all meals, including Saturday night reception & dinner)

Chapter Members (Alabama or other AAP chapter) - BEFORE April 3, 2020 □ $395
Chapter Members (Alabama or other AAP chapter) - AFTER April 3, 2020 □ $455
Non-Chapter Member Physicians □ $575
Senior Physician (over age 70, fully retired), Chapter Affiliate NP/PA Member, PMA member or Nurse □ $275
NP/PA Non-Member of AL-AAP, (includes National Affiliate AL-AAP membership, a $40 savings!) □ $350
Pediatric Resident/House Staff/Medical Student □ (waived, value of $395)

Additional Tickets for Saturday night reception/dinner/dessert: _____ # of adult tickets @ $70 each $_________
_____ # of children’s tickets @ $20 each $_________

Pediatric Pentathlon _____ # of adult participants @$65 donation each $_________
Pediatric Pentathlon _____ # of child (12 and under) participants @$50 donation each $_________

Will you add a tax-deductible donation to Reach Out and Read-Alabama? If so, enter amount $_________
TOTAL $_________

□ Check enclosed (made payable to Alabama Chapter-AAP)
□ Charge my credit card (circle one): VISA  MC  AMEX  DISC Card #: ___________________________
Expiration Date: ___/___ Name on Card: ___________________________________________________________

** Full refund for cancellations until April 17, 2020 at 5 p.m. A $35 cancellation fee will be assessed for credit card payments that are cancelled at any time. No refunds will be issued for cancellations/no-shows after April 17.

† $10 of the registration fee supports the Mike Warren Challenge for the Alabama Child Health Improvement Alliance, which has made tremendous strides for child health by making practice-based improvements. This donation allows the program to continue to help practices reliably deliver care and foster a culture of quality improvement and will be matched by Children’s of Alabama.

Child Care Options:
To arrange in-room babysitting services, please call Nanny’s Care directly at (251) 986-8200. (Website: https://nannyscareal.wixsite.com/nannys-care). You can also use sitter search sites, including care.com and sittercity.com.

Make check payable to: Alabama Chapter-AAP. Mail form and payment by 4/3/20 to: Jill Powell, Alabama Chapter-AAP, 19 S. Jackson St., Montgomery, AL 36104
Prescott Atkinson, MD, PhD, FAAP, Professor and Director, Division of Pediatric Allergy & Immunology, University of Alabama at Birmingham, Birmingham, AL

- Newborn Screening for Severe Combined Immune Deficiency (SCID): A Review of Our First Year

Cason Benton, MD, FAAP, Associate Professor of Pediatrics, Division of Pediatrics, University of Alabama at Birmingham, Birmingham, AL

- Newborn Screening for Severe Combined Immune Deficiency (SCID): A Review of Our First Year

Nola Jean Ernest, MD, FAAP, Pediatrician, Enterprise Pediatric Clinic, Enterprise, AL

- 15 Hacks to Boost Teen Well Visits: Alabama Pediatricians Reveal Secrets

Tamera Coyne-Beasley, MD, MPH, FAAP, FSAHM, Division Director, Adolescent Medicine; Vice Chair of Pediatrics - Community Engagement, Professor of Pediatrics and Internal Medicine, University of Alabama at Birmingham, Birmingham, AL

- Healthcare Transitions for Adolescents
- Meningococcal Disease and Immunization

Chip Hart, Director, PCC Pediatric Solutions Consulting Group, Winooski, VT

- The Business of Immunization: Protecting Kids Without Destroying Your Practice
- Delivering On Your Practice Culture
- Peer-to-Peer Lessons to Move Your Practice Forward (Facilitator)

Justin Schwartz, MD, FAAP, Assistant Professor of Pediatrics, Division of Developmental and Behavioral Pediatrics, University of Alabama at Birmingham, Birmingham, AL

Laura Stoppelbein, PhD, Professor, Department of Psychology, University of Alabama; Director, University of Alabama Autism Clinic, Birmingham, AL

- The Changing Landscape of Autism Spectrum Disorder in Alabama

Katrina Skinner, MD, FAAP, Pediatrician, Fairhope Pediatrics, Fairhope, AL

- Life Hacks for the Pediatric Practice

Stephen M. Taylor, MD, MPH, FASAM, Chief Medical Officer, Behavioral Health Division, Pathway Healthcare, LLC, Birmingham, AL

- Evaluation and Treatment of Adolescents with Co-Occurring Substance Use and General Psychiatric Disorders
- The Opioid/Addiction Epidemic and Its Impact on Youth

Jennifer Young-Pierce, MD, Professor, Gynecologic Oncology & Program Leader, Cancer Control and Prevention, Professor, University of South Alabama Mitchell Cancer Institute, Mobile, AL

- HPV Epidemic in Alabama: What Can You Do to Protect the Next Generation?

Register Now! Hotel Deadline is March 25!

Spring Meeting Packet

Montgomery, AL 36104
19 S. Jackson St.
Alabama Chapter

Dedicated to the Health of All Children

American Academy of Pediatrics
Upon completion of this live activity, participants will be able to:

**The Changing Landscape of Autism Spectrum Disorder in Alabama**
- Review the current state of insurance coverage eligibility for autism spectrum disorder (ASD)
- Describe supports for early identification of ASD behaviors in primary care
- Discuss the expanded role of primary care providers in initial diagnosis and referral for services

**HPV Epidemic in Alabama: What Can You do to Protect the Next Generation?**
- Describe the current state of HPV and HPV-related cancers in the U.S. and in Alabama
- Describe the current data on HPV vaccination in AL
- List three things pediatricians can do in their practices to increase HPV vaccination rates

**Newborn Screening for Severe Combined Immune Deficiency (SCID): A Review of Our First Year**
- Restate the fact that a positive newborn screen for Severe Combined Immune Deficiency does NOT mean that the patient actually has SCID
- Describe the TREC test – the basis for newborn screening for low T cell production in the thymus
- Explain how to refer a baby with a positive newborn screen for SCID for follow-up flow cytometry testing for T cell analysis

**The Business of Immunization: Protecting Kids Without Destroying Your Practice**
- Estimate the costs of purchasing and administering vaccines
- Explain the differences between "carrying costs" and the retail costs of vaccines
- Use provided tools to compare the viability of his/her immunization business on a payor-by-payor basis and use the AAP’s white papers to negotiate with payors

**Evaluation and Treatment of Adolescents with Co-Occurring Substance Use and General Psychiatric Disorders**
- Briefly discuss some of the epidemiology of adolescent substance use and general psychiatric disorders
- Recognize some of the risk factors and warning signs of a developing substance use disorder in a pre-adolescent or an adolescent
- Recognize some of the risk factors and warning signs of a developing psychiatric illness in a pre-adolescent or an adolescent
- Briefly discuss the importance of motivational interviewing with adolescents in the primary care setting
- List some of the evidence-based behavioral and pharmacological approaches to managing adolescents with co-occurring substance use and general psychiatric disorders
- Discuss effective treatment of adolescents with opioid and other substance use disorders, in light of NIDA’s evidence-based Principles of Drug Addiction Treatment.

**Life Hacks for the Pediatric Practice**
- Identify barriers to patient access in the outpatient pediatric office setting
- Describe techniques that can be employed by the practicing pediatrician to improve office efficiency and streamline patient care

**The Opioid/Addiction Epidemic and Its Impact on Youth**
- Briefly discuss some of the epidemiology and stages of the current opioid/addiction epidemic
- Provide an evidence-based, clinically useful definition of addiction, and apply that definition to the opioid-addicted adolescent who may present in the primary care setting
- Discuss important clinical considerations in evaluating an adolescent for a possible opioid use disorder
- Discuss two important issues in the treatment of Neonatal Opioid Withdrawal Syndrome (NOWS)

**Delivering On Your Practice Culture**
- Describe the difference between the stated and actual cultures of his/her practice
- Explain the differences among and value of mission statements, vision statements, and values
- Develop a mission statement that guides the practice to efficient and rewarding work

**Healthcare Transitions for Adolescents**
- Describe the importance of transition health care for adolescents and young adults
- Assess transition readiness
- Apply tools to implement transition health care for adolescents and young adults

**15 Hacks to Boost Teen Well Visits: Alabama Pediatricians Reveal Secrets**
- Examine techniques to increase teen well visits
- Review consent and confidentiality policies from Alabama pediatric practices
- Summarize “real-world,” teen-friendly practice updates

**Meningococcal Disease and Immunization**
- Describe the epidemiology of meningococcal disease
- Restate the Advisory Committee on Immunization Practices (ACIP) recommendations for MenACWY vaccine
- Discuss the ACIP recommendations for Men B vaccine

**Peer-to-Peer Lessons to Move Your Practice Forward**
- Cite concrete ways to approach and implement change in their practices in order to provide the highest level of care
- Discuss how to position practices for growth in order to addressing the needs of their community’s pediatric population
- List approaches to address increasing payor demands on pediatric practice
Important Note
This year’s meeting will be held at
The Lodge at Gulf State Park in Gulf Shores, AL!

Important Deadlines: Hotel reservation deadline is **March 25.** Early bird meeting registration deadline is **April 3.**

Hotel Reservations: A block of rooms is being held for our group at The Lodge at Gulf State Park at special rates (base rate of $199) until Wednesday, March 25, 2020. After that date, we cannot guarantee availability of rooms at our group rate. Reservations can be made with this link: http://group.hilton.com/alchapteramericanacademypediatrics (please note, the entire URL must be copied and pasted for it to work properly) or by calling 1.800.618.4350 - **be sure to use group code ALAAP.**

CME Accreditation: Children’s of Alabama designates this live activity for a maximum of **11.50 AMA PRA Category 1 Credits™.** Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Association of the State of Alabama through the joint providership of Children’s of Alabama and the Alabama Chapter of the AAP. Children’s of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

Presentation Handouts: Per its “green” policy, the Chapter will distribute electronic versions of the speakers’ PowerPoint handouts. CDs of handouts will be provided at the meeting and as links via email two weeks prior. Participants can pre-print handouts from the site, or, if they choose, bring their laptops to the sessions.

Hotel Check-In & Parking: Check-in is available starting at 4 p.m. There are nightly fees of $10 for valet parking and $5 for self-parking. Visit The Lodge’s website at https://lodgeatgulfstatepark.com/ for more information.

Dress: Dress for all activities is “resort casual.” **Room temperatures can vary, so please bring a sweater or wrap.**

Child Care: To arrange in-room babysitting services, please call Nanny’s Care directly at (251) 986-8200. (Website: https://nannyscareal.wixsite.com/nannys-care). You can also use sitter search sites, including care.com and sittercity.com.

Join Your Colleagues for Our Special Events:

- **“Meet and Greet” Reception in the Exhibits** — Thursday • 5 p.m. - 6:30 p.m.
- **Seventh Annual “Grand Pediatric Pentathlon” benefitting Reach Out and Read-Alabama**
  Grab your family members and join fellow pediatricians from around the state in this five-event activity--and take advantage of all the beautiful property has to offer while raising funds for Reach Out and Read! The events are running/walking (one mile), biking (30 minutes), kayaking (30 minutes), swimming (one hour) and reading for fun (one hour). Participate in each event at any time at your leisure; see schedule for specific activities, including a walk/run on Friday afternoon and Sandcastle University on Saturday afternoon! Your $65 donation ($50 for children 12 and under) gets you an event shirt and eligibility for prizes! Sign up on the registration form.
- **“Grand Pediatric Pentathlon” Check-in, Door Prize Giveaway & Mixer** — Saturday • 5:45 p.m. - 6:30 p.m.
  Join your colleagues for a mixer on the terrace before dinner as we check in Pentathlon participants and give away door prizes! Sign up on registration form.
- **Dinner on the Terrace** — Saturday • 6:30 p.m. - 8:30 p.m.
  Enjoy a fun, family dinner with live music on the terrace overlooking the Gulf of Mexico!