The Intimate Connection Between Mental Health Issues & Specific Learning Difficulties

A lunch with Barbara Arrowsmith-Young

Canadian educator and author Barbara Arrowsmith-Young will meet with educators and philanthropists to discuss her own personal struggle with specific learning difficulties and its impact on her mental health in context with research findings in this area.

Barbara’s talk focuses on the research findings linking mental health outcomes related to specific learning difficulties supported by the ‘voices’ of individual students, ages 11 to 63, describing their experiences. The impact of specific learning difficulties on the individual and society become clear.

Date: Wednesday 26 August 2015
Time: 12.00pm, for 12.30pm – 2.30pm
Venue: The Park Hyatt, 1 Parliament Square, Melbourne
Register: http://www.trybooking.com/IKDE
Barbara founded The Arrowsmith Program which assists teachers, parents and students to think and act differently in addressing student learning disabilities. The program operates in over 55 schools world-wide including The Federated school of the Holy Trinity here in Melbourne which are currently offering this life changing opportunity through a three year pilot program for 30 children.

The lunch will be opened by Professor Joe Graffam, Pro Vice Chancellor (Research Development and Training) of Deakin University, Joe will be setting the context of why intervening to enable development is critical for the health and wellbeing of not only children with learning difficulties but for the well being and development of our society.

Michael Juliff, the Principal of Holy Trinity will talk about his passion for supporting and nurturing children with learning disabilities and how its vital that the success of this program ensures a blue print for other school across the state.

Catherine Green, the Community Liaison Officer from Holy Trinity Arrowsmith Program will also hold a Q & A session with a past student to discuss the phenomenal success the student has achieved through participating in the Arrowsmith Program.

Barbara Arrowsmith-Young is recognized as a pioneer, as the creator of one of the first treatment applications utilizing the principles of neuroplasticity. She began using these principles in 1978 to develop cognitive programs to address learning disorders, first starting with her own debilitating set of brain deficits. She continues to develop programs for students with specific learning difficulties and her program of cognitive exercises is implemented in 55 schools in Canada, the U.S., Australia and New Zealand.

Barbara is the author of the international bestseller, The Woman Who Changed Her Brain. She holds a B.A.Sc. in Child Studies from the University of Guelph and a Master’s degree in School Psychology from the University of Toronto. Barbara is the Director of Arrowsmith Program and Arrowsmith School.

“Barbara Arrowsmith-Young is a pioneer, a bold and ingenious woman, deeply empathic and utterly determined. Rarely is the person who makes a discovery the one with the defect. Barbara is the exception.”

- Norman Doidge, M.D., author of The Brain That Changes Itself