

M.A.D. for teens

Anger Management Classes for teen-agers

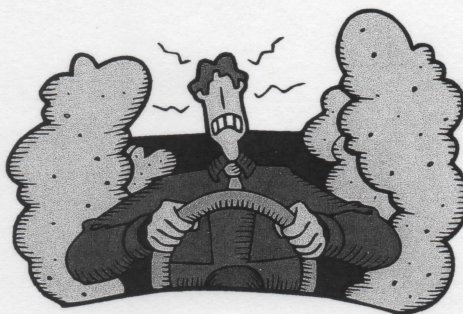
Class begins: Aug. 30, 2010

Time: 6:00 pm to 7:30 pm

Mondays

- Class 1: Parent/teen introduction
- Class 2: Teen introduction
- Class 3: Teen Class
- Class 4: Teen Class
- Class 5: Teen Class
- Class 6: Teen Class
- Class 7: Parent class review and recommendations

Classes are 1 and 1/2 hours of instruction. Parents must attend the first and last class meeting with their child. The middle five meetings are with the teens and their instructor only.



For more information or to register call:

Dr. Gina Simmons
(858) 538-5587 ext. 2

Benefits

- Better relationships
- Gain self-control
- Improve mood
- Learn to stay calm
- Identify your anger style

Individual sessions
available by appointment

Cash and Credit Card
payments accepted

Mail Registration Form and \$280 fee to:

2727 Camino Del Rio South
Suite 311
San Diego, CA 92108

Phone: (858) 538-5587

Email:

bigcitybaseball@msn.com

Name _____

Address _____

Phone _____

Child's name _____

Sex _____ Date of birth _____

Location:

Schneider Family Services
2727 Camino Del Rio South, Suite 311
San Diego, CA 92108

Signature _____ Date _____

Signature of parent or guardian if under 18 years of age. _____ Date _____