

Just Clean Your Hands for Long-Term Care

Train-the-Trainer Workshop

In Long-Term Care (LTC) we recognize that hand hygiene is a shared responsibility between all health care providers. We also need to ensure that we continue to generate an increasing awareness that hand hygiene is the single most important way to prevent infections and outbreaks, and reduce the need for expensive, time-consuming precautions.

Ontario is at the leading edge of a worldwide initiative to improve resident and staff safety through better hand hygiene. The Ministry of Health and Long-Term Care (MOHLTC) has developed *Just Clean Your Hands (JCYH)*: a multifaceted hand hygiene program. The *JCYH* program has been successfully implemented in hospitals across the province, helping to improve hand hygiene for health care providers. And now, the MOHLTC has adapted the program for LTC homes.

The Central South Infection Control Network will be assisting the MOHLTC with the roll-out of the *JCYH* program for LTC homes by providing train-the-trainer sessions. The train-the-trainer sessions are designed to assist the attendees to:

- Become familiar with the *JCYH* program
- Learn about the key components and tools for implementing the program in LTC

Please see the attached agenda for the date and location of the event in your area. You will need to RSVP to let us know how many people from your home will be attending, and if you will attend the morning or afternoon session. [Click here to RSVP.](#)

We recognize that each LTC home will be at a different starting point when it comes to planning and implementing a hand hygiene program. Every home should identify a point person to coordinate the program. It will be very important for this person to attend the train-the-trainer session. We would also encourage 1 or 2 other people from each home to attend – ideally a manager and/or administrator, as they will need to be aware of and agree on the scope of the program.

By now your home should have received a *Just Clean Your Hands* kit, containing everything you need to launch the program in your setting. Please take the time to familiarize yourself with the contents of the kit.

Thank you for your continued efforts to ensure resident care and safety.

Regards,

Your Colleagues at the Central South Infection Control Network.

Central South Infection Control Network (CSICN)

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