

bali

yoga retreat

22 Oct – 1 Nov 2011



divine dance of shiva shakti
with Andrew Mournehis



Bali...glorious 'Island of the Gods'...

Where Shiva and Shakti dance in a Divine Union of Natural Forces pulsating with Life Force and an unmistakable Grace and Beauty, that literally seeps into your body, heart and Soul...

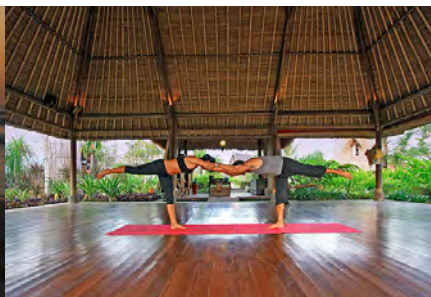
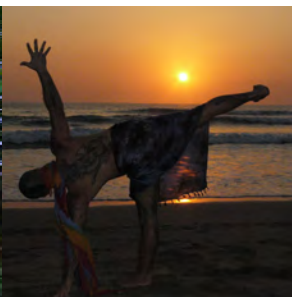
A place where the connection with the Divine is Palpable and the Brilliant gifts of Yoga can truly be revealed...come join us and discover these gifts for yourself on this transformative 10 days away!!!

We will begin our journey in the Breathtaking and Deeply Spiritual Mountains of Ubud where many temples have been built to bring one closer to the Divine. After 5 nights in the cultural landscape of Ubud, filled with meticulously sculpted rice-fields, and arts and crafts abound...we will head down to the Sea to the stunningly beautiful Desa Seni Ecovillage...a place created with love, sustaining life and bringing so much joy to the local and broader yoga communities that come to visit...

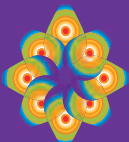
TWO ABSOLUTELY BEAUTIFUL LOCATIONS...an experience NOT TO BE MISSED!!!

Our **Daily Yoga Practice** will create a strong vibrant body...a clear sharpened mind... and an open pure heart. This retreat will give you the opportunity to participate in the world both inside and outside yourself...allowing Shiva (Divine Consciousness) to shine brightly from within and Dance with the Divine Shakti (Your Own Unique Expression of the One Source) to reveal itself in Powerful and Creative ways. Through Opening to Grace, daily ritual and intention, dynamic asana practice, Self enquiry, sacred sounds and mantras, meditations, and CREATIVE evening workshops, we will offer our Hearts to the Divine Ocean of Love. We will open to the Power of the Universe and the GREAT Mother Earth in all her Natural Beauty...enjoying the fundamental Healing they bring!

To HEAL is to achieve balanced health and be whole...Are you ready to give this to yourself?



It will be a Joyful, Playful, Illuminating, Uplifting and Truly Rejuvenating experience...come give yourself this gift... Truly a Gift from the DIVINE...Tell yourself...
You deserve it!!!



divinegrace
andrew mournehis yoga

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BALI Yoga Retreat

The DIVINE DANCE of SHIVA SHAKTI
From the Mountains to the Sea

Dates:

22 OCT - 1 NOV 2011

Investment:

10 Nights BALI RETREAT

5 nights in UBUD 22nd-27th Oct \$885*

<http://melati-cottages.com/>

5 nights in DESA SENI ECO-VILLAGE
27 Oct -1st Nov \$995*

<http://www.desaseni.com/>

10 Nights Complete Yoga Package
UBUD AND DESA SENI

Discounted Price \$1750

2-Step Payment:

1. \$450 (non-refundable) deposit to be paid upon registration
2. Balance to be paid by 29th August 2011

*Prices are per person and include 10 nights twin share accommodation (or 5 nights in each location), daily buffet breakfast, welcome dinner first evenings in each location, airport transfers, transfers from Ubud to Desa Seni, daily yoga sessions and ALL evening workshops.
Single occupancy prices available upon request

Please Note: prices exclude flights

Schedule:

Mornings begin with asana & meditation practice from 6.30-8.30am followed by a sumptuous buffet breakfast & free time. Enjoy spa treatments, pool, massages, day trips, tours or simply relax before the creative afternoon themed workshops from 4.30-6.30pm.