

CHA CHA

8 WEEK COURSE

8 week course
Thursdays 9 - 10pm
Commencing 4th May
Book now!!

This dance has wide application because Cha Cha music is popular in all music genres, including country, funk, and hip-hop. Popular mainstream artists such as Santana, Marc Anthony, and Jennifer Lopez are putting out great Cha Cha music. This is a party dance! The interpretation of Cha Cha music should produce a happy, carefree, party-time-like dance expression.

Learning Cha Cha will improve your salsa musicality in leaps and bounds, and allow you to learn snazzy footwork and a wonderful dance that you can groove to!

One of our favourite dances here at Spin City, the Cha Cha is sure to make your heart sing, your feet twitch rhythmically and your face light up with a smile!

Teacher: Sharon Pakir

The Cha-cha-cha originates from Cuba and contains African and Cuban rhythms that meld into a Latin beat. It requires very small steps because of its rhythm. The cha-cha part of the rhythm is almost a chasse, or a series of small gliding steps that touch the floor.

Cha-cha became immensely popular in the United States in the 1950's as an offshoot of the Mambo. In the slow Mambo tempo, there was a distinct sound in the music that people began dancing to, calling the step the 'Triple' Mambo.

Eventually it evolved into a separate dance, known today as the Cha Cha.