

The New York Times Magazine

OCTOBER 11, 2009



The Food Issue

# PUTTING AMERICA'S DIET ON A DIET

Can Jamie Oliver Get One of America's Unhealthiest Towns to Eat Better? BY ALEX WITCHEL

20 Dietary Dos and Don'ts BY MICHAEL POLLAN The Calorie-Restriction Experiment BY JON GERTNER

California's Food Banks Go Locavore BY DOUGLAS McGRAY Wheat Bread for the Gluten-Shy BY CHRISTINE MUHLKE

Against Meat BY JONATHAN SAFRAN FOER Where Development Does Not End Malnutrition BY DAVID RIEFF

From I.T. to Table BY MARK BITTMAN

