



Speaking
For Ourselves



**2010
Annual
Statewide
Conference**

"Achieving Paradise - Changes in Advocacy"

**Friday, June 18, 2010
Sheraton Harrisburg-Hershey
4650 Lindle Road, Harrisburg, PA 17111**

“Achieving Paradise - Changes

Special Guests:

Ms. Rachel Simon – Author of “Riding the Bus with My Sister”

Mr. Karl Williams - Singer/Songwriter/ Author

Conference Highlights:

- **Keynote Sessions** with Rachel Simon
- **Song Time** with Singer/Songwriter Karl Williams
- **Annual Awards**
- **Open Microphone**
- **8 New Workshops**
- **Resource Tables**
- **Door Prizes**
- **Dance Party!**

2010 Conference Schedule

8:00 am – 9:00 am	Registration and Resource Tables
8:00 am – 9:00 am	Continental Breakfast
9:00 am – 9:45 am	Opening Welcome Session
9:45 am – 10:15 am	Annual Membership Meeting
10:30 am – 10:45 am	Beverage Break
10:45 am – 11:45 am	Morning Workshops
12:00 pm – 2:00 pm	Lunch Keynote Speaker – Rachel Simon and Annual Awards
2:00 pm – 2:30 pm	Beverage Break
2:30 pm – 3:30 pm	Afternoon Workshops
3:30 pm – 3:45 pm	Break
4:00 pm – 6:00 pm	Party
6:00 pm	Conference Concludes



Rachel Simon is the author of five books: the memoirs *Riding The Bus With My Sister* (2002) and *Building A Home With My Husband* (2009); the writing book *The Writer's Survival Guide* (1997); the novel *The Magic Touch* (1994); and the short story collection *Little Nightmares, Little Dreams* (1990).

Although her first three books were critically acclaimed and established a following, it was her first memoir, *Riding the Bus with My Sister*, that put her on bestseller lists. Focusing on the relationship between Rachel and her sister Beth, who has an intellectual disability, it was adapted for a Hallmark Hall of Fame movie starring Rosie O' Donnell as Beth, Andie McDowell as Rachel, and was directed by Angelica Houston.

General Information

2010 Annual Conference - "Achieving Paradise - Changes in Advocacy"

Conference Hotel

Sheraton Harrisburg-Hershey

4650 Lindle Road, Harrisburg, PA 17111 (717) 564-5511

Overnight Accommodations

Limited hotel rooms are available. The cost of an overnight hotel room is \$122 plus tax. Overnight accommodations can be made by calling 1-800-325-3535. You will need to tell them that you are with the Speaking For Ourselves conference at the Sheraton Hershey Harrisburg Hotel.

Attendant Care:

SFO does not provide attendants. Please plan to bring your own. You may contact Kara Dohrman at (717) 692-5562 for help in arranging services if needed (additional fee applies).

Meals Included:

Continental Breakfast, Beverages, Lunch and Light Party Food

Transportation

Each attendee is responsible for arranging their transportation to the hotel.

Options:

Train – The Amtrak train station is located in downtown Harrisburg. The hotel is located approximately 5 miles from the train station. Options to get from the train station to the hotel:

Bus – The Bus station is located in downtown Harrisburg. The hotel is located approximately 5 miles from the bus station.

Options to get from the train or bus station to the hotel:

- 1) Taxi – cost is approximately \$12
- 2) Contact the hotel to schedule a shuttle van by calling (717) 564-5511
- 3) Para-Transit – Contact (717) 232-6100 to schedule a ride from the train to the hotel. You must schedule your ride in advance! Please call at least 10 days prior. You will be required to fax a copy of your PWD card or application to (717) 232-6973.

Car – If you are driving to the hotel, there is free parking available at the hotel. If you need wheelchair accessible transportation from the train or bus station, please contact Kara Dohrman at (717) 692-5562.

For Para-Transit arrangements the exact address of the hotel is:

**Sheraton Harrisburg-Hershey Hotel
4650 Lindle Road, Harrisburg, PA 17111**



Workshop Descriptions

Morning Workshops:

1. CILs, Independent Living and Community Integration

Thomas Earle - Liberty Resources

Learn what Centers For Independent Living have to offer. Independent Living and Community Integration will be discussed and information presented about various programs and opportunities.

2. Preserve Pennhurst Project

James Conroy – Center for Outcome Analysis, Pennhurst Memorial & Preservation Alliance

Pennhurst is a Place to Understand, a Place to Remember, a Place to Learn and a Place for All. Join us to learn about the efforts to preserve Pennhurst and what the future might hold for this important part of our history.

3. Emergency Preparedness: What Do I Need to Do to Be Ready?

Keri Zeigler - Dauphin County 911

What should you do in an emergency? What is an emergency plan? How can you prepare for the unexpected? Learn the answers to these questions and more.

4. Changes, Challenges, and New Beginnings

Kevin Casey – Office of Developmental Programs

Join Kevin as he discusses what is new with ODP and leads an open forum for your questions.

Afternoon Workshops:

5. Beyond Tokenism: Board Inclusion Project

Mark Friedman, CEO - Blue Fire Consulting

The Developmental Disabilities Council has funded a project titled “Beyond Tokenism: Board Inclusion Project.” Learn more about this important project from members of various supporting organizations.

6. Legal Rights Q & A Disability Rights Network

Carlesha Halkias and Kim Edman - Disability Rights Network

Have a question? Not sure of your rights? Join the Disability Rights Network at this session to learn more about your legal rights.

7. Housing Options: What Programs Are Available?

Eboni E. Braxton - PA Department of Public Welfare

Housing is an important issue for many people. Join the Statewide Housing Director for this session to review the various housing programs and learn about your options.

8. Self Advocacy: Finding Your Voice

Oscar Drummond, President – SAU1

SAU1 will be presenting this session on Self Advocacy. Learn how to advocate for yourself and others. Find your own Voice and hear from other advocates.

9. The Art of Friendship and Support Within SFO

Jim Colbert, Chester County Chapter

There are many benefits to joining SFO and attending Chapter Meetings. The presenters of this session would like to share with you what they feel is great benefit of membership – Friendship. Getting involved beyond your local Chapter allows you to meet new people and find friendships where you didn't expect them. Attend this session to find out the many benefits of being involved in your Chapter and SFO statewide.



Lost in a Desert World Roland Johnson's Autobiography

Roland Johnson's autobiography is republished!
Purchase your copy at the SFO 2010 Conference.
This is your chance to get a copy of this landmark book!

Questions? Call Speaking For Ourselves at 1-800-867-3330.



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**Come together to
celebrate self-advocacy,
get out the vote, and
work together with
people with
disabilities!**



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714 Market Street, Suite 326
Philadelphia, PA 19106



2010 Annual Statewide Conference "Achieving Paradise - Changes in Advocacy"

Friday, June 18, 2010 ♦ Sheraton Harrisburg-Hershey, Harrisburg, PA

Registration Form - Page 1

Come together to celebrate self-advocacy, get out the vote, and work together with all people with disabilities!

Please print clearly or type. Complete one (1) form per person.

Personal Information:

First Name: _____ Last Name: _____

Organization: _____

Address: _____

City: _____ State: _____ Zip: _____

Daytime Phone/TTY: _____ Cell Phone: _____

Email Address: _____

Emergency Contact Person: _____

Emergency Contact Phone Number: _____

Access Information:

Do you need? Requests for access related items must be submitted by June 4, 2010 in order to be received for the conference.

- Sign Language Interpreter
- Reader during classes
- Documents in Electronic Format
- Braille
- Please contact me so I can explain what I need: _____
- I will bring a PAS/Attendant.
- I will bring a wheelchair/scooter for mobility.

Dietary Needs:

Please list any specific dietary restrictions:

Registration Form - Page 2

Workshops

Please select the workshops you plan to attend:

Morning (choose 1)

- CILs, Independent Living and Community Integration
- Preserve Pennhurst Project
- Emergency Planning: What Do I Need to Do to Be Ready?
- Changes, Challenges, and New Beginnings

Afternoon (choose 1)

- Beyond Tokenism: Board Inclusion Project
- Legal Rights Q & A
- Housing Options: What Programs Are Available
- Self Advocacy: Finding Your Voice
- The Art of Friendship and Support Within SFO

Payment Information:

Cost (Includes meals, refreshments, sessions and materials)

- SFO Member \$40.00
- Staff with SFO Member \$30.00 (Please note SFO does not provide PAS, cost is for meals)
- Non-Member \$50.00
- New Member \$50.00 (Includes Conference and 1-year SFO membership)
- Visa MasterCard Check/Money Order Payable to: Speaking For Ourselves

Name on Card: _____

Signature: _____

Card Number _____ - _____ - _____ - _____

Expiration Date: ___ / ___ CVV2 Code: _____ Billing Zip Code: _____

Registration Deadline is June 4, 2010.

Registrations accepted via fax at 717-692-5567 or mail to:

SFO Registration

950 Walnut Bottom Road, Suite 15-229

Carlisle, PA 17015

Questions? Contact Speaking For Ourselves at 1-800-867-3330 or Kara Dohrman at (717) 692-5562 or kara@kdmgt.com.